



STÓ:LŌ BULLETIN

FEBRUARY 2024

REMINDER: If you see any suspicious activity, please contact **Allegiance Security** at either **604-701-1692 OR 604-392-1692** and please state which property (Coqualeetza or St. Mary's) you are reporting from. If you believe it to be an emergency, please call 911.

A MESSAGE FROM THE OFFICE OF THE EXECUTIVE DIRECTOR (OED)

We would like to give a warm welcome to our two new Board Members, Anna Celesta and Derek Hansom, who joined our SSA Board of Directors (SSA BOD) team and attended their first meeting in February.

We have received confirmation that the process for the future demolition of the St. Mary's building (Pekw'xe:yles properties) 34110 Lougheed Hwy., Mission, BC is underway and moving along. A meeting was held on January 4, 2024, with Indigenous Services Canada (ISC) for a tour of the facility and discussion on the next steps moving forward. There is no final date or secured funding at this time. This is a very preliminary update with more information to come as this process progresses.

We will be reaching out to our communities for endorsement of the 2024-25 Tribal Council Funding Workplan application.

The Office of the Executive Director are preparing for:

- Upcoming Senior Management team, Stó:lō Nation Chiefs Council (SNCC) and SSA BOD meetings.
- The completion of the remodeling of the Government House which is still underway and hopeful to meet the May 2024 deadline.
- The Consolidated 2024-25 Budget & Workplan finalized draft for review and final approval at the SSA BOD meeting in March.

FRIENDLY REMINDER: SSA will be closed Monday February 19, 2024 for Family Day. We hope you all enjoy some fun family time!

COVID-19 PROTOCOLS

SSA continues to reinforce in-place preventative measures. Variants of COVID-19 spread the same as the original COVID-19 so the measures already in place continue to be effective at reducing the spread. Please be diligent in doing your part to help reduce the spread which include doing your daily health check, staying home when feeling sick, using available space to spread out and respect personal space, wearing masks if required, cleaning hands, and disinfecting work surfaces regularly. If you are feeling ill or test positive for COVID-19, notify your supervisor, and stay home.

XYÓLHMET YE SYÉWIQWÉH (Taking Care of Our Children) – [Community Update](#) **Investigating Unmarked Graves at Multiple Sites Associated with Three Former Residential Schools in S'ólh Téméxw**

The SNCC, under the leadership of Chief David Jimmie, President of the SNCC, has launched a broad-based and inclusive initiative to investigate potential unmarked graves and missing children related to three of the former Residential School sites within S'ólh Téméxw: the former St. Mary's, Coqualeetza, and All Hallows institutions in Mission, Chilliwack, and Yale. The project team will carry out archival, oral historical, and on-site remote sensing work in search of identifiable unmarked graves. We are also working with local Stó:lō First Nations including Sqwá, Sq'ewqéyl, and Ch'íyáqtel regarding unmarked burials known to have been relocated to each of their cemeteries from the Coqualeetza Grounds. For more about this work, please visit

www.stolonation.bc.ca/residential-school-project-information.



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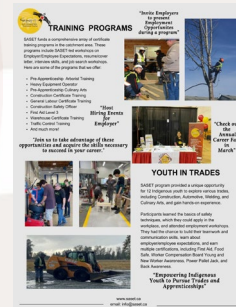
SASET CDP Outreach Schedule



STÓ:LŌ ABORIGINAL SKILLS AND EMPLOYMENT (SASET) UPCOMING SASET Training Program

- [Driver for Hire](#) - Get trained, get paid! Contact SASET
- [Getting Your L](#) - February 21, 2024 at Chawathil Band Office
- [Getting Your L](#) - February 16, 2024 at SASET
- [Chainsaw Safety Training](#) - March 5 & 6, 2024 at SASET
- [Job Fair](#) - March 1, 2024 at Coast Chilliwack Hotel
- [Piping Foundations](#) - January 6 - May 30, 2025, contact SASET
- [Traffic Control Training](#) - April 4 & 5, 2024 at SASET

Mémiyelhtel Program



SSA MEMORANDUM – INCOME ASSISTANCE DEPARTMENT (SASET Client Memo)

This is a friendly reminder that you will need to continue to submit your monthly renewals and Monthly Employment Action Plan (EAP). You can arrange a meeting with a SASET Counsellor by calling 604-858-3691 or emailing info@saset.ca. Next EAPs are due to be submitted to the SASET office by [March 5, 2024](#) along with your monthly renewal. Please see letter regarding inflation relief benefits.

To view the full income assistance client memos:

Employment Action Plan

Food Allowance Memo



STÓ:LŌ GIFT SHOP

Online shopping is available 24/7 with in-store pickup!
Storefront open Monday through Friday 9:00am – 4:00pm.



Stó:lō Gift Shop
YOUR STORE
FOR GIFTS & MORE!
stologiftshop.com

ANTI-BULLYING DAY!

February 28, 2024 Wear Pink in Support



STÓ:LŌ COMMUNITY FUTURES

Are you dreaming of starting your own business and don't know where to begin? Please see link below to set up a free appointment today:

<https://outlook.office365.com/owa/calendar/TestingpageforSCFWebsite@stolonation.bc.ca/bookings/>





STÓ:LŌ BULLETIN

STÓ:LŌ HEALTH SERVICES

STÓ:LŌ DENTAL OFFICE

Reminder of Closure for Family Day on 19th of February and that the Pacific Dental Conference is on March 7-9th and our staff will be attending to continue education. The clinic will be open but not for treatment days. Our next walk-in clinic is booked for February 28, 2024, 1 - 4pm and is open to everyone!



STÓ:LŌ MAMMOGRAM CLINIC

February 23, 2024 from 10:30am - 4:00pm
SSA Health Services Building 7-7201 Vedder Road



STÓ:LŌ ACUPUNCTURE

Dr. Karen Smith, Dr. TCM, R.AC, offers appointments on Monday's, 9:00am – 4:00pm at Building 7 for the month of February.

Book NOW! Jane App: [Book an appointment with Dr. Smith here:](#) or 604-824-3200.



STÓ:LŌ COUNSELLING

[Book an appointment with Bel Bhushan here:](#) or call 604-824-3200



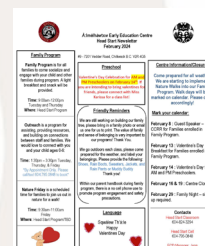
CASCADE THERAPY

Massage Therapy & Chiropractor
S.A.Y Health Building- 8256 Chilliwack River Road
Call to book your appointment: 604-792-0158

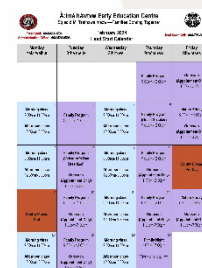


A:LMEHAWTXW: Early Education Centre

Head Start, Tuesday & Thursday 9:00am – 12:00pm
Please call for more information, 604-824-6505



Head Start Newsletter



Head Start Calendar

ABORIGINAL FAMILY PLACE – FEBRUARY 2024 Calendar

Sq'ep'ip awtxw "A Place to Gather"

This is just a reminder that we are currently only offering visits by appointment.

Please call at least a day in advance to schedule your visit. If you are feeling unwell, please reschedule.





STÓ:LŌ BULLETIN

OPEN HOUSE- STÓ:LŌ RESOURCE CENTRE

February 22, 2024, 3pm-7pm



MINDFUL DRUMMING

Monday's (excluding holidays) 12:00– 3:00pm

Location will either be at Metis House or Portable 1A, call to inquire: 604-828-2459



LIGHTING THE PATH
OUR STORIES OF RESILIENCE

STORIES OF RESILIENCE

February 24, 2024.

https://www.storiesofresilience.ca/?fbclid=IwAR2GghrauRXg-vlApS7f6C38snrR0LoJtceyshQZW-H_aQpDGS5iycwU7Vo

YOGA WEDNESDAYS WITH INNER VISION YOGA

Every Wednesday, 11:30am - 12:30pm SSA staff are welcome to attend FREE yoga sessions on campus in Building 2C portable with instructors from Inner Vision Yoga, supported by the Stó:lō Research and Research Management Centre.

STÓ:LŌ PHYSIOTHERAPY

Charise Conkin offers appointments Tuesdays at The'itseliya Building and Fridays at Stó:lō Health Building. [Book an appointment with Charise Conkin here:](#) or call 604-824-2681.



TELUS HEALTH – Employee and Family Assistance Program

EAP newsletter, click on TELUS Health icon.

[Employee and Family Assistance Program](#) (EFAP) helps employees address personal and workplace day-to-day problems, such as caregiving, life planning, financial advice, legal advice, health management services, short-term counseling services, 24/7 Services Centre, and many more. Please visit www.workhealthlife.com for more information on the services available under your EAP program.



February highlights multiple events mainly **Black History Month & Psychology Month**. As always, we encourage you to discuss and promote these important topics which are Diversity & Inclusion and Mental Health with your different teams and broader organization.

SSA GROUP BENEFITS PLAN

MENTAL HEALTH NAVIGATOR

The Best Doctors Mental Health Navigator program offers you a discreet and confidential way to seek mental health support. If you or an eligible family member struggle with feelings such as depression, stress, or anxiety, contact Best Doctors. Supported every step of the way by your personal Mental Health Navigator and expert health professionals including psychiatrists and psychologists, we provide an assessment of your diagnosis and recommend an appropriate treatment plan, from the comfort of your home via phone or video conference. Your Mental Health Navigator will also provide you support along your journey through the complex mental health care system. Please see the [MHN Employee Flyer](#) for more information.





STÓ:LŌ BULLETIN

FEBRUARY 2024

CERTIFICATE OF INDIAN STATUS CARD AND ASSISTANCE WITH THE APPLICATION FOR THE SECURE CERTIFICATE OF INDIAN STATUS CARD

Building 8A, 1st Floor, 2nd door

BY APPOINTMENT ONLY. Tuesday, Wednesday, and Thursday from 9:00 am – 3:30 pm

Email June.jimmie@stolonation.bc.ca or call 604-824-3268 or 604-824-3266 to book

Building 8A – North Side Entrance | Registry is on the Main Floor, 2nd door

PROTOCOLS FOR THE APPOINTMENT

- Give yourself enough travel time
- Arrive on time
- No walk-ins

CERTIFICATE OF INDIAN STATUS CARD

- Two pieces of valid ID, one with a photo
- Bring your own 1"x1" picture

ASSISTANCE WITH APPLYING FOR SECURE CERTIFICATE OF INDIAN STATUS CARD

- One valid picture ID
- Two recent passport photos

Valid Identification is required for applying for Status Cards, Registration, & other Personal Information Updates.

ISC is **no longer accepting expired ID** for registration, status card issuance, or for requests to update personal information in the Indian Register. All ID must be valid, that is, not expired.

Since provincial and territorial authorities that issue ID (such as health care cards and driver's licenses) across Canada have reopened, applicants with expired ID are encouraged to obtain valid ID as soon as possible.

For more information on the ID, requirements to apply for registration, and the status card, visit [What is considered valid acceptable identification.](#)

Bands that will be issued Certificate of Indian Status Cards and assistance with the Secure Certificate of Indian Status Cards

Aitchelitz First Nation	(558)	Shxw'ow'hamel First Nation	(587)
Kwaw Kwaw Apilt First Nation	(580)	Skawahlook First Nation	(582)
Matsqui First Nation	(565)	Soowahlie First Nation	(572)
Popkum First Nation	(585)	Sumas First Nation	(578)





STÓ:LŌ BULLETIN

FEBRUARY 2024

STÓ:LŌ WORKPLACE INCIDENT REPORTS

A friendly reminder to All Staff:

If a workplace Incident occurs, please follow the link to follow the procedure on how to report an incident:

[Workplace Incident Report Form](#)

ANNOUNCEMENT TO ALL STAFF:

For meeting-room bookings, staff are encouraged to **book meeting rooms in the building they have an office in**. For bookings, please contact the following:

- Building 7 Boardrooms – [Sheradon Roberts](#) / [Heather Walker](#) / [Lauralee Campbell](#)
- Building 8B (SGH) Small and large Boardrooms will be closed until further notice. [Abby Duncan](#) / [Kelly Willmets](#)
- Building 10 Floor 1-[Abby Duncan](#) / [Kelly Willmets](#)
- Building 10 Floor 2 – [Tracey Joe](#) / [Tara Green](#)
- Building 10 Floor 3 - [Nancy Wasikowski](#)
- Longhouse Bookings -[Naomi Henry](#) (604) 824-2436

New VPN (Virtual Private Network) will make using your work laptop at home a similar experience to being at the office. Contact Garret MacAskill for information or assistance.

FRIENDLY REMINDERS FROM FINANCE AND OPERATIONS

- To Request new or changes to existing access cards, please complete the online Access Form at: www.stolonation.bc.ca/access
- Cell Phones and Landlines! Contact Brianna Nakagawa for all things related to cellphones and landlines.
- **To review current operational policies and other general information, please go to N:\Info.**
- Reminder for all staff to submit any announcements/invitations to [Michelle Van Tongeren](#) for the monthly bulletin and to refrain from sending "all-staff" emails.
- Staff are reminded to avoid publishing phone numbers – work or personal – on Facebook or any other social media. Recently SSA experienced harassing phone calls from someone who obtained a staff's cell number – as well as their relative's numbers - on Facebook.





STÓ:LŌ BULLETIN

FEBRUARY 2024

STÓ:LŌ SERVICE AGENCY

VISION

A healthier, stronger, brighter future for all communities.

MISSION

We empower, support, and contribute to the health and well-being of all people by providing leadership and delivering a broad range of quality services.

VALUES

We strive to act in accordance with our seven core values at all times.

Honesty	We communicate internally and externally with clarity, honesty, and openness.
Accountability	We accept responsibility for our decisions and actions and answer to our partners openly and transparently.
Pride	We feel and demonstrate pride in our actions and accomplishments.
Professionalism	We act professionally as an outward reflection of our internal values.
Integrity	We do our best work, hold ourselves to the highest standards of conduct and act in the interest of our communities and partners.
Empathy	We work to understand and relate to the feelings, experiences, and situations of others and are non-judgemental.
Respect	We respect others' ideas, experiences, and ways of thinking and treat all people as equals.

