



STÓ:LŌ BULLETIN

NOVEMBER 2023

REMINDER: If you see any suspicious activity, please contact **Allegiance Security** at either **604-701-1692 OR 604-392-1692** and please state which property (Coqualeetza or St. Mary's) you are reporting from. If you believe it to be an emergency, please call 911.

A MESSAGE FROM THE EXECUTIVE DIRECTOR

Please join the SSA Board of Directors (BOD), Office of the Executive Director and the Senior Management Team for the All-Staff Christmas luncheon at The'i:tseliya - SAY building for Friday, Dec. 1, 2023 at 12:00pm. The SSA BOD will be handing out the years of service ribbons to eligible staff and would be honored to see everyone enjoy a meal together. This is an excellent way to get to know one another from different programs, buildings, meet staff members and finally put a face to their name.

Please confirm your attendance with your Director/Manager/team lead and have them email kelly.willmets@stolonation.bc.ca so we can have an approximate number of attendees for catering purposes.

- Attended a successful Staff orientation in October where new staff receive valuable information and become familiar with the ins and outs of the organization.
- Prepared material for the SSA Board of Directors meeting held in October and continuing to plan for the upcoming SNCC meeting in November.
- The next month ahead the OED are working on distribution of the Christmas cards to the post-secondary students to give them that little bit of encouragement and Christmas cheer, the Years of Service ribbons, presented from the BOD to eligible staff at the All-Staff Christmas luncheon and the New Westminster Claims administration.

Over the next few months as you plan for your holidays, please prepare for the winter months ahead. Cold and Flu season is upon us, keep safe and healthy as the weather changes.

COVID19 PROTOCOLS

We would like to remind staff that we reinforce in-place preventative measures. Variants of COVID-19 spread the same as the original COVID-19 so the measures already in place continue to be effective at reducing the spread. Please be diligent in doing your part to help reduce the spread. These include everyone eligible for getting fully vaccinated, doing your daily health check, staying home when feeling sick, using available space to spread out and respect personal space, wearing masks if required, cleaning hands, and disinfecting work surfaces regularly. If you are feeling ill or test positive for COVID-19, notify your supervisor and stay home.

STÓ:LŌ GIFT SHOP

Online shopping is available 24/7 with in-store pickup!
Storefront open Monday through Friday **9:00 am – 4:00 pm**.



Xyólhmet ye Syéwiqwéh (Taking Care of Our Children) – [Community Update](#)

Investigating Unmarked Graves at Multiple Sites Associated with Three Former Residential Schools in S'ólh Téméxw
Stó:lō Nation Chiefs' Council (SNCC), under the leadership of Chief David Jimmie, President of the SNCC, has launched a broad-based and inclusive initiative to investigate potential unmarked graves and missing children related to three of the former Residential School sites within S'ólh Téméxw: the former St. Mary's, Coqualeetza, and All Hallows institutions in Mission, Chilliwack, and Yale. The project team will carry out archival, oral historical, and on-site remote sensing work in search of identifiable unmarked graves. We are also working with local Stó:lō First Nations including Sqwá, Sq'ewqéyl, and Ch'íyáqtel regarding unmarked burials known to have been relocated to each of their cemeteries from the Coqualeetza Grounds. *For more about this work, please visit www.stolonation.bc.ca/residential-school-project-information*





STÓ:LŌ BULLETIN

NOVEMBER 2023

SASET CDP Outreach Schedule



Mémiyelhtel Program



STÓ:LŌ ABORIGINAL SKILLS AND EMPLOYMENT (SASET) UPCOMING SASET Training Program

- [Employment Prep Training](#) - November 20-30 at SASET
- [Driver for Hire](#) - Get trained, get paid! Contact SASET
- [Culinary Arts](#) - January 8, 2024, at UFV



SSA MEMORANDUM – INCOME ASSISTANCE DEPARTMENT (SASET Client Memo)

This is a **friendly reminder** that you will need to continue to submit your monthly renewals and Monthly Employment Action Plan (EAP). You can arrange a meeting with a SASET Counsellor by calling 604-858-3691 or emailing info@saset.ca. Next EAPs are due to be submitted to the SASET office by [NOVEMBER 28, 2023](#), along with your monthly renewal. Please see letter regarding inflation relief benefits.



To view the full income assistance client memos:

[Employment Action Plan](#)

[Food Allowance Memo](#)





STÓ:LŌ BULLETIN

NOVEMBER 2023

EVENTS

ALL STAFF CHRISTMAS LUNCHEON - DECEMBER 1, 2023

Please join the SSA Board of Directors, Office of the Executive Director, and the Senior Management Team for lunch on Friday, December 1 at The'i:tseiya - SAY building - Gym . The SSA BOD will be handing out the years of service ribbons to eligible staff and would be honored to see everyone enjoy a meal together. Please confirm your attendance with - as per below by November 15, 2023.

Health – Chino Julian
Finance – Brianna Nakagawa
Operations – Michelle VanTongeren
SASET – Carol Raspberry
SRRMC – Tracey Joe

A:Imelhawtxw: Early Education Centre

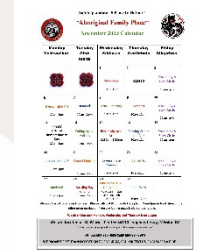
Head Start, Tuesday & Thursday 9am - 12 pm
Please call for more information, 604-824-6505

Aboriginal Family Place – November 2023 Calendar

Sq'ep'ip awtxw "A Place to Gather"

This is just a reminder that we are currently only offering visits by appointment.

Please call at least a day in advance to schedule your visit. If you are feeling unwell, please reschedule.



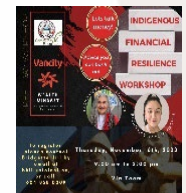
Join Us for Mindful Drumming

Monday's (excluding holidays) 12-3pm
Location will either be at Metis House or Portable 1A, call to inquire: 604-828-2459



Stó:lō Community Futures

Stó:lō Community Futures would like to invite you to this free Indigenous, Financial Resilience workshop. To register, please contact Bridgette Hill, SCF Administrative Assistant, by phone at 604-858-0009, or by email at bhill@stolocf.ca



Join Muriel Victor, Traditional Wellness Mentor

Friday, November 24, 2023

This workshop will focus on alcohol, opiates, cannabis and tobacco/nicotine, and will share remedies to manage withdrawal symptoms.



Join Muriel Victor, Traditional Wellness Mentor

Monday, November 27, 2023

Immunity in your kitchen cupboard!





STÓ:LŌ BULLETIN

NOVEMBER 2023

STÓ:LŌ HEALTH SERVICES

STÓ:LŌ DENTAL OFFICE

Reminder to all to contact the clinic dental@stolonation.bc.ca to book in before the end of the year to use up dental benefits.

Photo of our trip to the Headstart department -children education on oral health and information on Halloween treats.



STÓ:LŌ ACUPUNCTURE

Dr. Karen Smith, Dr. TCM, R.AC, offers appointments on Monday's, 9 am – 4 pm at Building 7 for the month of November. Book NOW! Jane App: [Book an appointment with Dr. Smith here](#): or 604-824-3200.



STÓ:LŌ PHYSIOTHERAPY

Charise Conkin offers appointments Tuesdays at The'itseliya Building and Fridays at Stó:lō Health Building. [Book an appointment with Charise Conkin here](#): or call 604-824-2681.



STÓ:LŌ COUNSELLING

[Book an appointment with Bel Bhushan here](#): or call 604-824-3200



CASCADE THERAPY

Massage Therapy & Chiropractor
S.A.Y Health Building- 8256 Chilliwack River Road
Call to book your appointment: 604-792-0158



YOGA WEDNESDAYS WITH INNER VISION YOGA Every Wednesday, 11:30 - 12:30 pm SSA staff are welcome to attend FREE yoga sessions on campus in Building 2C portable with instructors from Inner Vision Yoga, supported by the Stó:lō Research and Research Management Centre.

EAP newsletter, click on Telus icon.
[Here are the instructions "how to use EAP"](#)





STÓ:LŌ BULLETIN

NOVEMBER 2023

STÓ:LŌ CAREERS

STÓ:LŌ ELDERS (SEL) LODGE COOK

Open until November 16, 2023

This position includes duties and responsibilities surrounding the preparation, service and clean-up of lunch, dinner, and snacks to the residents of SEL.

[View Posting Here](#)

FACILITY SUPPORT WORKER-ON CALL

Open until November 16, 2023

The FSW will assist with cleaning and maintaining the interior and exterior of Stó:lō Nation buildings and property. The position will operate on an On-Call basis and will report to the Property and Capital Management Supervisor.

[View Posting Here](#)

JUNIOR ARCHAEOLOGIST

Open until November 30, 2023

The Junior Archaeologist will help analyze, catalogue, and curate artifacts in our repository and conduct archaeological projects within S'olh Téméxw - Stó:lō Traditional Territory.

[View Posting Here](#)

EARLY CHILDHOOD EDUCATOR

Open until December 1, 2023

The ECE will provide quality inclusive childcare programming, support and supervision for young children in a group or individual setting and will perform other tasks as assigned and as so directed by the immediate supervisor.

[View Posting Here](#)

LICENSED PRACTICAL NURSE

Open until the position is filled

Working within a multidisciplinary health team, the LPN will provide support which is client specific and will help promote community and family health.

[View Posting Here](#)





STÓ:LŌ BULLETIN

NOVEMBER 2023

STÓ:LŌ CAREERS

SEL LICENSED PRACTICAL NURSE

Open until the position is filled

Care is provided in a "Good Way" with respect to cultural safety and cultural practices, is family-centered and emphasizes the promotion of healthy living and the prevention and treatment of disease through connection to other supports.

[View Posting Here](#)

ARCHAEOLOGIST

Open until November 30, 2023

The Archaeologist will, be involved in cross-cultural awareness initiatives, conduct research, maintain databases, and analyze, catalogue, and curate artifacts.

[View Posting Here](#)

PROJECT ARCHAEOLOGIST

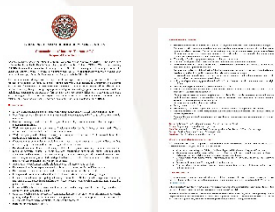
Open until November 30, 2023

The Project Archaeologist will manage and conduct archaeological projects within S'óelh Téméxw - Stó:lō Traditional Territory, assist with the administration of the Stó:lō Heritage Policy, be involved in cross-cultural awareness initiatives, conduct research, and maintain databases.

[View Posting Here](#)

Indian Residential School Survivors Society

[Communications Manager-Vancouver, BC](#)



Sts'ailes is seeking a Carver or Carver team to create 2 (two) House Poles for the new Sts'ailes Community Care Centre (SCCC). The House Poles will be reflective of Coast Salish artwork. Contact, Capital Project Manager: Chad Paul at Chad.Paul@stsailles.com. Deadline: November 17, 2023.





STÓ:LŌ BULLETIN

NOVEMBER 2023

CERTIFICATE OF INDIAN STATUS CARD AND ASSISTANCE WITH THE APPLICATION FOR THE SECURE CERTIFICATE OF INDIAN STATUS CARD

Building 8A, 1st Floor, 2nd door

BY APPOINTMENT ONLY. Tuesday, Wednesday, and Thursday from 9:00 am – 3:30 pm

Email June.jimmie@stolonation.bc.ca or call 604-824-3268 or 604-824-3266 to book

Building 8A – North Side Entrance | Registry is on the Main Floor, 2nd door

PROTOCOLS FOR THE APPOINTMENT

- Give yourself enough travel time
- Arrive on time
- No walk-ins

CERTIFICATE OF INDIAN STATUS CARD

- Two pieces of valid ID, one with a photo
- Bring your own 1"x1" picture

ASSISTANCE WITH APPLYING FOR SECURE CERTIFICATE OF INDIAN STATUS CARD

- One valid picture ID
- Two recent passport photos

Valid Identification is required for applying for Status Cards, Registration, & other Personal Information Updates.

ISC is **no longer accepting expired ID** for registration, status card issuance, or for requests to update personal information in the Indian Register. All ID must be valid, that is, not expired.

Since provincial and territorial authorities that issue ID (such as health care cards and driver's licenses) across Canada have reopened, applicants with expired ID are encouraged to obtain valid ID as soon as possible.

For more information on the ID, requirements to apply for registration, and the status card, visit [What is considered valid acceptable identification.](#)

Bands that will be issued Certificate of Indian Status Cards and assistance with the Secure Certificate of Indian Status Cards

Aitchelitz First Nation	(558)	Shxw'ow'hamel First Nation	(587)
Kwaw Kwaw Apilt First Nation	(580)	Skawahlook First Nation	(582)
Matsqui First Nation	(565)	Soowahlie First Nation	(572)
Popkum First Nation	(585)	Sumas First Nation	(578)





STÓ:LŌ BULLETIN

NOVEMBER 2023

SSA GROUP BENEFITS PLAN

MENTAL HEALTH NAVIGATOR

The Best Doctors Mental Health Navigator program offers you a discreet and confidential way to seek mental health support. If you or an eligible family member struggle with feelings such as depression, stress, or anxiety, contact Best Doctors. Supported every step of the way by your personal Mental Health Navigator and expert health professionals including psychiatrists and psychologists, we provide an assessment of your diagnosis and recommend an appropriate treatment plan, from the comfort of your home via phone or video conference. Your Mental Health Navigator will also provide you support along your journey through the complex mental health care system. Please see the [MHN Employee Flyer](#) for more information.

EMPLOYEE and FAMILY ASSISTANCE PROGRAM

WORKHEALTHLIFE BY MORNEAU Shepell

[Employee and Family Assistance Program](#) (EFAP) helps employees address personal and workplace day-to-day problems, such as caregiving, life planning, financial advice, legal advice, health management services, short-term counseling services, 24/7 Services Centre, and many more. Please visit www.workhealthlife.com for more information on the services available under your EAP program.

STÓ:LŌ WORKPLACE INCIDENT REPORTS

A friendly reminder to All Staff:

If a workplace Incident occurs, please follow the link to follow the procedure on how to report an incident:

[Workplace Incident Report Form](#)

ANNOUNCEMENT TO ALL STAFF:

For meeting-room bookings, staff is encouraged to **book meeting rooms in the building they have an office in**. For bookings, please contact the following:

- Building 7 Boardrooms – [Sheradon Roberts](#) / [Heather Walker](#) / [Lauralee Campbell](#)
- Building 8B (SGH) Small and large Boardrooms will be closed until further notice. [Abby Duncan](#) / [Kelly Willmets](#)
- Building 10 Floor 1-[Abby Duncan](#) / [Kelly Willmets](#)
- Building 10 Floor 2 – [Tracey Joe](#) / [Tara Green](#)
- Building 10 Floor 3 - [Nancy Wasikowski](#)
- Longhouse Bookings -[Naomi Henry](#) (604) 824-2436

New VPN (Virtual Private Network) will make using your work laptop at home a similar experience to being at the office. Contact Garret MacAskill for information or assistance.

FRIENDLY REMINDERS FROM FINANCE AND OPERATIONS

- To Request new or changes to existing access cards, please complete the online Access Form at: www.stolonation.bc.ca/access
- Cell Phones and Landlines! Contact Brianna Nakagawa for all things related to cellphones and landlines.
- **To review current operational policies and other general information, please go to N: \Info**
- Reminder for all staff to submit any announcements/invitations to [Michelle Van Tongeren](#) for the monthly bulletin and to refrain from sending “all-staff” emails.
- Staff are reminded to avoid publishing phone numbers – work or personal – on Facebook or any other social media. Recently SSA experienced harassing phone calls from someone who obtained a staff’s cell number – as well as their relative’s numbers - on Facebook.





STÓ:LŌ BULLETIN

NOVEMBER 2023

STÓ:LŌ SERVICE AGENCY

VISION

A healthier, stronger, brighter future for all communities.

MISSION

We empower, support, and contribute to the health and well-being of all people by providing leadership and delivering a broad range of quality services.

VALUES

We strive to act in accordance with our seven core values at all times.

Honesty	We communicate internally and externally with clarity, honesty, and openness.
Accountability	We accept responsibility for our decisions and actions and answer to our partners openly and transparently.
Pride	We feel and demonstrate pride in our actions and accomplishments.
Professionalism	We act professionally as an outward reflection of our internal values.
Integrity	We do our best work, hold ourselves to the highest standards of conduct and act in the interest of our communities and partners.
Empathy	We work to understand and relate to the feelings, experiences, and situations of others and are non-judgemental.
Respect	We respect others' ideas, experiences, and ways of thinking and treat all people as equals.





STÓ:LŌ BULLETIN

NOVEMBER 2023

After 42 years of service (beginning with the Chilliwack Area Indian Council), Indian Registry Administrator Leona Sam is retiring. Leona was instrumental in bringing the Indian Registry program to Stó:lō many years ago and has been the face of the program here at SSA since.

The Operations team held a small celebration and luncheon to honour Leona's 42 years of dedication and hard work. We wish Leona all the best in her retirement. She will be greatly missed!





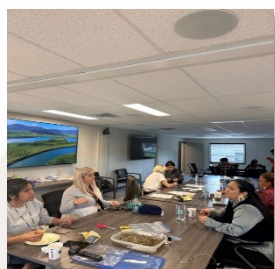
STÓ:LŌ BULLETIN

NOVEMBER 2023

Happy Retirement Leona Sam!



Wellness Wednesday



ShakeOut BC





STÓ:LŌ BULLETIN

NOVEMBER 2023

Happy Halloween!

