



STÓ:LŌ BULLETIN

OCTOBER 2023

REMINDER: If you see any suspicious activity, please contact **Allegiance Security** at either **604-701-1692 OR 604-392-1692** and please state which property (Coqualeetza or St. Mary's) you are reporting from. If you believe it to be an emergency, please call 911.

A MESSAGE FROM THE EXECUTIVE DIRECTOR

Office of the Executive Director (OED) staff hosted a successful Xá:ytem (Stó:lō Heritage Trust) AGM on September 28, 2023. This meeting is held to update communities on the work that continues to be done at the Xá:ytem properties site, which in turn keeps Stó:lō Heritage Trust Society's charitable status current and effective.

The third annual Truth and Reconciliation ceremony was hosted at the Coqualeetza site on September 30, 2023 in collaboration with Stó:lō leadership and the Sts'elemeqw Residential School Thrivers Society. This event was well attended with many staff and volunteers doing the work in providing an opportunity for others to learn about, recognize and commemorate the legacy of Residential schools in Canada and to acknowledge the National Day for Truth & Reconciliation.

OED have reached out to Indigenous Services Canada (ISC) regarding the timeline for signatures and reporting requirements from the SSA communities for the endorsement of the SSA Workplan and Annual Report due into ISC twice a year. A meeting will be set up in the upcoming months to discuss this requirement and the OED will look to negotiate the terms.

The next few months OED continue preparing for;

- Upcoming Management team meeting,
- Stó:lō Collective meeting for review and discussion of the Stó:lō shared lands for the Additions to Reserve process,
- Stó:lō Nation Chiefs Council and the
- Stó:lō Service Agency Board of Directors meeting.

We need to continue to be mindful of the colder months ahead where we are more likely to stay indoors and encounter more people. Continue to wash your hands and if you are feeling a cough, cold, or sore throat coming on, please be considerate of your fellow office workers and limit your in-office interactions.

COVID19 PROTOCOLS

We would like to remind staff that we reinforce in-place preventative measures. Variants of COVID-19 spread the same as the original COVID-19 so the measures already in place continue to be effective at reducing the spread. Please be diligent in doing your part to help reduce the spread. These include everyone eligible for getting fully vaccinated, doing your daily health check, staying home when feeling sick, using available space to spread out and respect personal space, wearing masks if required, cleaning hands, and disinfecting work surfaces regularly. If you are feeling ill or test positive for COVID-19, notify your supervisor and stay home.

STÓ:LŌ GIFT SHOP

Online shopping is available 24/7 with in-store pickup!
Storefront open Monday through Friday **9:00 am – 4:00 pm**.





STÓ:LŌ BULLETIN

OCTOBER 2023

Xyólhmet ye Syéwíqwéh (Taking Care of Our Children) – [Community Update](#)

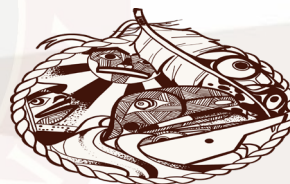
Investigating Unmarked Graves at Multiple Sites Associated with Three Former Residential Schools in S'ólh Téméxw

Stó:lō Nation Chiefs' Council (SNCC), under the leadership of Chief David Jimmie, President of the SNCC, has launched a broad-based and inclusive initiative to investigate potential unmarked graves and missing children related to three of the former Residential School sites within S'ólh Téméxw: the former St. Mary's, Coqualeetza, and All Hallows institutions in Mission, Chilliwack, and Yale. The project team will carry out archival, oral historical, and on-site remote sensing work in search of identifiable unmarked graves. We are also working with local Stó:lō First Nations including Sqwá, Sq'ewqéyl, and Ch'íyáqtel regarding unmarked burials known to have been relocated to each of their cemeteries from the Coqualeetza Grounds. *For more about this work, please visit www.stolonation.bc.ca/residential-school-project-information*

[SASET CDP Outreach Schedule](#)



[Mémíyelhtel Program](#)



STÓ:LŌ ABORIGINAL SKILLS AND EMPLOYMENT (SASET) UPCOMING SASET Training Program

- [Heavy Equipment Training](#) - Various Intakes
- [Basic Computer Skills Workshop](#) - Every Tuesday & Thursday
- [Basic Security Training](#) - SASET office, 6 days TBA
- [Construction Training](#) - SASET office, October 23 to November 3, 2023
- [Customer Service Training](#) - SASET office, October 16-20, 2023



SSA MEMORANDUM – INCOME ASSISTANCE DEPARTMENT (SASET Client Memo)

This is a **friendly reminder** that you will need to continue to submit your monthly renewals and Monthly Employment Action Plan (EAP). You can arrange a meeting with a SASET Counsellor by calling the toll-free number listed above or emailing info@saset.ca. Next EAPs are due to be submitted to the SASET office by [NOVEMBER 7, 2023](#), along with your monthly renewal. Please see letter regarding inflation relief benefits.



To view the full income assistance client memos:

[Employment Action Plan](#)

[Food Allowance Memo](#)





STÓ:LŌ BULLETIN

OCTOBER 2023

EVENTS

A:Imelhawtxw: Early Education Centre

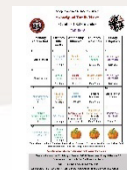
Head Start, Tuesday & Thursday 9am to noon
Please call for more information, 604-824-6505



ABORIGINAL FAMILY PLACE – OCTOBER 2023 CALENDAR

Sq'ep'ip awtxw "A Place to Gather"

This is just a reminder that we are currently only offering visits by appointment.
Please call at least a day in advance to schedule your visit. If you are feeling unwell, please reschedule.



Join Us-Mindful Drumming

Monday's (excluding holidays) 12-3pm
Location will either be at Metis House or Portable 1A, call to inquire: 604-828-2459



Stó:lō -Community Futures

Stó:lō Community Futures in partnership with Zynim Inc. are happy to announce the Outsight Pilot Program. Indigenous participants can register for either program however, the Learn to Code Program is aimed for high schoolers and the Learn to Use AI Program is aimed for entrepreneurs. However, both programs are open to everyone. The Startup Accelerator Program Pre-seed Market Validation is for the arising entrepreneur whereas, the Seed Program for Growth Foundation is for established entrepreneurs. To register, please contact Bridgette Hill, SCF Administrative Assistant, by phone at 604-858-0009, or by email at bhill@stolocf.ca



STÓ:LŌ HALLOWEEN Costume & Door Decorating Contest is Back!

Prizes awarded for: Best Costume, Most Creative Costume, and Best Decorated Door

- Photos must be emailed to [Michelle.Vantongeren](mailto:Michelle.Vantongeren@stolonation.bc.ca) by **NOON** on October 31st.
- 1 entry for each contest (costume and/or door decorating) per employee.
- winners will be announced via email by 4pm on the 31st.



STÓ:LŌ VETERANS DAY CEREMONY – November 11, 2023

Join us for our Stó:lō Remembrance Day Ceremony honoring the Stó:lō serviceman who fought for Canada and the Stó:lō people. The ceremony will commence as follows:

DATE: SATURDAY, NOVEMBER 11, 2023

DOORS OPEN: 9:00AM

CEREMONY STARTS: 10:00AM

PROCESSION: 10:50AM Following the ceremony, guests are invited to have refreshments and "sharing" at the Coqualeetza Longhouse. For more details contact

Amber.Kostuchenko@stolonation.bc.ca





STÓ:LŌ BULLETIN

OCTOBER 2023

STÓ:LŌ HEALTH SERVICES

STÓ:LŌ DENTAL OFFICE

To arrange your appointments for your family members, please call 604-824-3234. October 9th we will be closed. October 24th we will be pairing up with the Headstart Program for parent education and review on Dental health prior to "Halloween Treats". Kids don't forget to Trick or Treat at the clinic 😊 Tuesday October 31st! Reminder to book your appointments before the end of this year to best use Dental insurance.



STÓ:LŌ ACUPUNCTURE

Dr. Karen Smith, Dr. TCM, R.AC, offers appointments on Monday's, 9:00 – 4:00 at Building 7 for the month of October. Book NOW! Jane App: [Book an appointment with Dr. Smith here](#): or 604-824-3200.



STÓ:LŌ PHYSIOTHERAPY

Charise Conkin offers appointments Tuesdays at The'itseliya Building and Fridays at Stó:lō Health Building. [Book an appointment with Charise Conkin here](#): or call 604-824-2681.



STÓ:LŌ COUNSELLING

[Book an appointment with Bel Bhushan here](#): or call 604-824-3200



CASCADE THERAPY

Massage Therapy & Chiropractor
S.A.Y Health Building- 8256 Chilliwack River Road
Call to book your appointment: 604-792-0158



YOGA WEDNESDAYS WITH INNER VISION YOGA Every Wednesday, 11:30 - 12:30 pm Stó:lō Service Agency staff are welcome to attend FREE yoga sessions on campus in Portable 2C with instructors from Inner Vision Yoga, supported by the Stó:lō Research and Research Management Centre.

EAP newsletter, click on Telus icon.
[Here are the instructions "how to use EAP"](#)



SHAKE OUT BC

October 19, 2023 at 10:19am
Meeting set up: beside daycare/walking path





STÓ:LŌ BULLETIN

OCTOBER 2023

STÓ:LŌ JOBS- SENIOR GIS TECHNICIAN

Open until Friday, October 27, 2023

The Senior GIS Technician will assist with SRRMC-related projects and will oversee the creation, limited distribution, editing and maintenance of specific spatial data from a variety of different sources.

[View Posting Here](#)

STÓ:LŌ JOBS-ARCHAEOLOGIST

Open until Friday, October 27, 2023

The Archaeologist will conduct archaeological projects within S'óelh Téméxw - Stó:lō Traditional Territory, assist with the administration of the Stó:lō Heritage Policy, be involved in cross-cultural awareness initiatives, conduct research, maintain databases, and analyze, catalogue, and curate artifacts.

[View Posting Here](#)

STÓ:LŌ JOBS- PROJECT ARCHAEOLOGIST

Open until Thursday, November 30, 2023

The Project Archaeologist will manage and conduct archaeological projects within S'óelh Téméxw - Stó:lō Traditional Territory, assist with the administration of the Stó:lō Heritage Policy, be involved in cross-cultural awareness initiatives, conduct research, and maintain databases.

[View Posting Here](#)

STÓ:LŌ JOBS- OPERATIONS ASSISTANT

Open until Friday, October 27, 2023

The Heritage Stewardship and Archaeology Unit **Operations Assistant** within the SRRMC will assist all day-to-day operations.

[View Posting Here](#)





STÓ:LŌ BULLETIN

OCTOBER 2023

CERTIFICATE OF INDIAN STATUS CARD AND ASSISTANCE WITH THE APPLICATION FOR THE SECURE CERTIFICATE OF INDIAN STATUS CARD

Building 8A, 1st Floor, 2nd door

BY APPOINTMENT ONLY. Tuesday, Wednesday, and Thursday from 9:00 am – 3:30 pm

Email June.jimmie@stolonation.bc.ca or call 604-824-3268 or 604-824-3266 to book

Building 8A – North Side Entrance | Registry is on the Main Floor, 2nd door

PROTOCOLS FOR THE APPOINTMENT

- Give yourself enough travel time
- Arrive on time
- No walk-ins

CERTIFICATE OF INDIAN STATUS CARD

- Two pieces of valid ID, one with a photo
- Bring your own 1"x1" picture

ASSISTANCE WITH APPLYING FOR SECURE CERTIFICATE OF INDIAN STATUS CARD

- One valid picture ID
- Two recent passport photos

Valid Identification is required for applying for Status Cards, Registration, & other Personal Information Updates.

ISC is **no longer accepting expired ID** for registration, status card issuance, or for requests to update personal information in the Indian Register. All ID must be valid, that is, not expired.

Since provincial and territorial authorities that issue ID (such as health care cards and driver's licenses) across Canada have reopened, applicants with expired ID are encouraged to obtain valid ID as soon as possible.

For more information on the ID, requirements to apply for registration, and the status card, visit [What is considered valid acceptable identification.](#)

Bands that will be issued Certificate of Indian Status Cards and assistance with the Secure Certificate of Indian Status Cards

Aitchelitz First Nation	(558)	Shxw'ow'hamel First Nation	(587)
Kwaw Kwaw Apilt First Nation	(580)	Skawahlook First Nation	(582)
Matsqui First Nation	(565)	Soowahlie First Nation	(572)
Popkum First Nation	(585)	Sumas First Nation	(578)





STÓ:LŌ BULLETIN

OCTOBER 2023

SSA GROUP BENEFITS PLAN

MENTAL HEALTH NAVIGATOR

The Best Doctors Mental Health Navigator program offers you a discreet and confidential way to seek mental health support. If you or an eligible family member struggle with feelings such as depression, stress, or anxiety, contact Best Doctors. Supported every step of the way by your personal Mental Health Navigator and expert health professionals including psychiatrists and psychologists, we provide an assessment of your diagnosis and recommend an appropriate treatment plan, from the comfort of your home via phone or video conference. Your Mental Health Navigator will also provide you support along your journey through the complex mental health care system. Please see the [MHN Employee Flyer](#) for more information.

EMPLOYEE and FAMILY ASSISTANCE PROGRAM

LIFEWORCS BY MORNEAU Shepell

[Employee and Family Assistance Program](#) (EFAP) helps employees address personal and workplace day-to-day problems, such as caregiving, life planning, financial advice, legal advice, health management services, short-term counseling services, 24/7 Services Centre, and many more. Please visit www.workhealthlife.com for more information on the services available under your EAP program.

STÓ:LŌ WORKPLACE INCIDENT REPORTS

A friendly reminder to All Staff:

If a workplace Incident occurs, please follow the link to follow the procedure on how to report an incident:

[Workplace Incident Report Form](#)

ANNOUNCEMENT TO ALL STAFF:

For meeting-room bookings, staff is encouraged to **book meeting rooms in the building they have an office in**. For bookings, please contact the following:

- Building 7 Boardrooms – [Sheradon Roberts](#) / [Heather Walker](#) / [Lauralee Campbell](#)
- Building 8B (SGH) Small and large Boardrooms will be closed until further notice. [Abby Duncan](#) / [Kelly Willmets](#)
- Building 10 Floor 1-[Abby Duncan](#) / [Kelly Willmets](#)
- Building 10 Floor 2 – [Tracey Joe](#) / [Tara Green](#)
- Building 10 Floor 3 - [Nancy Wasikowski](#)
- Longhouse Bookings -[Naomi Henry](#) (604) 824-2436

New VPN (Virtual Private Network) will make using your work laptop at home a similar experience to being at the office. Contact Garret MacAskill for information or assistance.

FRIENDLY REMINDERS FROM FINANCE AND OPERATIONS

- To Request new or changes to existing access cards, please complete the online Access Form at: www.stolonation.bc.ca/access
- Cell Phones and Landlines! Contact Brianna Nakagawa for all things related to cellphones and landlines.
- **To review current operational policies and other general information, please go to N: \Info**
- Reminder for all staff to submit any announcements/invitations to [Michelle Van Tongeren](#) for the monthly bulletin and to refrain from sending “all-staff” emails.
- Staff are reminded to avoid publishing phone numbers – work or personal – on Facebook or any other social media. Recently SSA experienced harassing phone calls from someone who obtained a staff’s cell number – as well as their relative’s numbers - on Facebook.





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OCTOBER 2023

STÓ:LŌ SERVICE AGENCY

VISION

A healthier, stronger, brighter future for all communities.

MISSION

We empower, support, and contribute to the health and well-being of all people by providing leadership and delivering a broad range of quality services.

VALUES

We strive to act in accordance with our seven core values at all times.

Honesty	We communicate internally and externally with clarity, honesty, and openness.
Accountability	We accept responsibility for our decisions and actions and answer to our partners openly and transparently.
Pride	We feel and demonstrate pride in our actions and accomplishments.
Professionalism	We act professionally as an outward reflection of our internal values.
Integrity	We do our best work, hold ourselves to the highest standards of conduct and act in the interest of our communities and partners.
Empathy	We work to understand and relate to the feelings, experiences, and situations of others and are non-judgemental.
Respect	We respect others' ideas, experiences, and ways of thinking and treat all people as equals.





STÓ:LŌ BULLETIN

OCTOBER 2023

Truth and Reconciliation Day



Paving Work



Wellness Wednesday



Furry Friends

