



# STÓ:LŌ BULLETIN

## SEPTEMBER 2023

**REMINDER:** If you see any suspicious activity, please contact **Allegiance Security** at either **604-701-1692 OR 604-392-1692** and please state which property (Coqualeetza or St. Mary's) you are reporting from. If you believe it to be an emergency, please call 911.

### A MESSAGE FROM THE EXECUTIVE DIRECTOR

I hope you were able to take some much-needed time off over the summer months to enjoy family time, relax and rejuvenate.

A few SSA Board of Director members and staff attended the 1st Annual Chilliwack Ford Golf tournament which raised money for our Mémiyelhtel youth program.

Office of the Executive Director (OED) staff continue to prepare for the Xá:ytem (Stó:lō Heritage Trust) AGM in September. The date may need to be changed due to scheduling conflicts. More information will be emailed out to the communities.

The third annual Truth and Reconciliation ceremony will be hosted at the Coqualeetza site on September 30, 2023 in collaboration with Stó:lō leadership and the Sts'elemeqw Residential School Thrivers Society.

OED has received all signatures required from the SSA communities for the endorsement of the SSA Workplan and Annual Report due into Indigenous Services Canada as part of their reporting requirements.

The next few months OED continue preparing for the Stó:lō Collective meetings for review and discussion of the Stó:lō shared lands for the Additions to Reserve process.

As the weather is changing and the cooler temperatures are beginning to make an appearance this brings with it the cold and flu season. If you are feeling a cough or cold coming on, please be considerate of your fellow office workers and limit your in-office interactions.



### COVID19 PROTOCOLS

We would like to remind staff that we reinforce in-place preventative measures. Variants of COVID-19 spread the same as the original COVID-19 so the measures already in place continue to be effective at reducing the spread. Please be diligent in doing your part to help reduce the spread. These include everyone eligible for getting fully vaccinated, doing your daily health check, staying home when feeling sick, using available space to spread out and respect personal space, wearing masks if required, cleaning hands, and disinfecting work surfaces regularly. If you are feeling ill or test positive for COVID-19, notify your supervisor and stay home.

### STÓ:LŌ GIFT SHOP

Online shopping is available 24/7 with in-store pickup!

Storefront open Monday through Friday **9:00 am – 4:00 pm.**

Pick up your Orange Shirt Pins. All proceeds will be donated to Indian Residential School Survivors Society.





# STÓ:LŌ BULLETIN

## SEPTEMBER 2023

### Xyólhmet ye Syéwiqwéh (Taking Care of Our Children) – [Community Update](#)

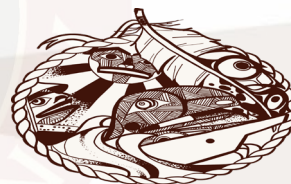
#### Investigating Unmarked Graves at Multiple Sites Associated with Three Former Residential Schools in S'ólh Téméxw

Stó:lō Nation Chiefs' Council (SNCC), under the leadership of Chief David Jimmie, President of the SNCC, has launched a broad-based and inclusive initiative to investigate potential unmarked graves and missing children related to three of the former Residential School sites within S'ólh Téméxw: the former St. Mary's, Coqualeetza, and All Hallows institutions in Mission, Chilliwack, and Yale. The project team will carry out archival, oral historical, and on-site remote sensing work in search of identifiable unmarked graves. We are also working with local Stó:lō First Nations including Sqwá, Sq'ewqéyl, and Ch'íyáqtel regarding unmarked burials known to have been relocated to each of their cemeteries from the Coqualeetza Grounds. *For more about this work, please visit [www.stolonation.bc.ca/residential-school-project-information](http://www.stolonation.bc.ca/residential-school-project-information)*

### [SASET CDP Outreach Schedule](#)



### [Mémíyelhtel Program](#)



### STÓ:LŌ ABORIGINAL SKILLS AND EMPLOYMENT (SASET)

#### UPCOMING SASET Training Program

- [Heavy Equipment Training](#) - Various Intakes
- [Basic Computer Skills Workshop](#) - Every Tuesday & Thursday
- [Canada Revenue Agency and Service Canada Mobile Clinics](#) - Shxwhà:y Village, September 21, 2023
- [Canada Revenue Agency and Service Canada Mobile Clinics](#) - Yale First Nation, September 27, 2023
- [Warehouse Training](#) – SASET Chilliwack office, September 18-29, 2023
- [Minute Taking & Microsoft Office](#) - Online, September 11-28, 2023
- [Culinary Arts](#) - UFV, September 11-December 1, 2023



### SSA MEMORANDUM – INCOME ASSISTANCE DEPARTMENT (SASET Client Memo)

This is a **friendly reminder** that you will need to continue to submit your monthly renewals and Monthly Employment Action Plan (EAP). You can arrange a meeting with a SASET Counsellor by calling the toll-free number listed above or emailing [info@saset.ca](mailto:info@saset.ca). Next EAPs are due to be submitted to the SASET office by [OCTOBER 10, 2023](#), along with your monthly renewal. Please see letter regarding inflation relief benefits.

To view the full income assistance client memos:

[Employment Action Plan](#)

[Food Allowance Memo](#)







# STÓ:LŌ BULLETIN

## SEPTEMBER 2023

### EVENTS

#### **Xyólhmet ye Syéwíqwélh (Taking Care of Our Children)**

**Thursday, September 21, 2023**

On Thursday, September 21 the Xyólhmet ye Syéwíqwélh (Taking Care of Our Children) team will provide an update on oral-historical, archival and geophysical findings from 2022/23 in our work into missing children and unmarked burials at St. Mary's Residential School, Coqualeetza Industrial Institute, All Hallows School and Coqualeetza Indian Hospital.

- Morning: Update for Stó:lō communities.
- Afternoon: Public update on-line, via zoom and Facebook only.



#### **St. Mary's Commemoration Gathering**

**Friday, September 29 to Sunday, October 1, 2023**

On Friday, September 29 to Sunday, October 1 ceremonies will be held at Fraser River Heritage Park for Residential School survivors, families, and communities to take care of the missing children and the children with unmarked graves who attended the St. Mary's Residential Schools in Mission, BC. [www.xyolhmetyesyewiqwelh.com](http://www.xyolhmetyesyewiqwelh.com)



#### **Stó:lō Service Agency's Truth and Reconciliation Day Ceremony**

**Saturday September 30, 2023**

On Saturday, September 30, 2023 the SSA Cultural Committee will host a public event for National Truth and Reconciliation Day at Coqualeetza Memorial Post (immediately north of the Coqualeetza Longhouse). Sts'élemaq Residential School Thrivers Society board members will be in attendance and will be speaking. The ceremony begins at 10:30am and will be followed by a meal.

#### **Join Us-Mindful Drumming**

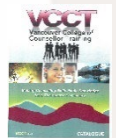
Monday's (excluding holidays) 12-3pm

Location will either be at Metis House or Portable 1A, call to inquire: 604-828-2459



#### **Vancouver College of Counsellor Training-**

Do you have any staff, clients or volunteers that wish to pursue a career as a Counsellor? Vancouver College of Counsellor Training (VCCT) is located at Main and Terminal in Vancouver BC. VCCT is a private post-secondary college that teaches hands-on applied skills and the latest researched based counselling theory and skills. ISC (Indigenous Services Canada) recognizes VCCT as one of their institutions that can be funded.



#### **Stó:lō -Community Futures**

Join the Stó:lō Business Directory

Contact: SCF Business Analyst, Shannon Smith 604-824-5278



#### **Adult Education- Open to Everyone**

September 18, 2023





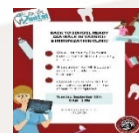
# STÓ:LŌ BULLETIN

## SEPTEMBER 2023

### STÓ:LŌ HEALTH SERVICES

#### STÓ:LŌ DENTAL OFFICE

To arrange your appointments for your family members, 604-824-3234. September Varnish Clinic is open for registration, click on poster for more information. We are pleased to welcome Shaelyn Hamm to our dental staff. She is well versed in children's cleanings and chairside assisting.



#### STÓ:LŌ ACUPUNCTURE

Dr. Karen Smith, Dr. TCM, R.AC, offers appointments on Monday's, 9:00 – 4:00 at Building 7 for the month of September. Book NOW! Jane App: [Book an appointment with Dr. Smith here](#): or 604-824-3200.



#### STÓ:LŌ PHYSIOTHERAPY

Charise Conkin offers appointments Tuesdays at The'it'sel'ya Building and Fridays at Stó:lō Health Building. [Book an appointment with Charise Conkin here](#): or call 604-824-2681.



#### STÓ:LŌ COUNSELLING

[Book an appointment with Bel Bhushan here](#): or call 604-824-3200



#### CASCADE THERAPY

Massage Therapy & Chiropractor  
S.A.Y Health Building- 8256 Chilliwack River Road  
Call to book your appointment: 604-792-0158



#### YOGA WEDNESDAYS WITH INNER VISION YOGA Every Wednesday, 11:30 - 12:30 pm Stó:lō Service

Agency staff are welcome to attend FREE yoga sessions on campus in Building2C portable with instructors from Inner Vision Yoga, supported by the Stó:lō Research and Research Management Centre.

#### Monthly Update for Plan Sponsors

Webinar: Get on Track, stay on track, September 20, 2023  
Click on the link to register today!



EAP newsletter, click on Telus icon.  
[Here are the instructions "how to use EAP"](#)





# STÓ:LŌ BULLETIN

## SEPTEMBER 2023

### CERTIFICATE OF INDIAN STATUS CARD AND ASSISTANCE WITH THE APPLICATION FOR THE SECURE CERTIFICATE OF INDIAN STATUS CARD

Building 8A, 1<sup>st</sup> Floor, 2<sup>nd</sup> door

**BY APPOINTMENT ONLY. Tuesday, Wednesday, and Thursday from 9:00 am – 3:30 pm**

Email [Leona.Sam@stolonation.bc.ca](mailto:Leona.Sam@stolonation.bc.ca) or call 604-824-3268 to book

Building 8A – North Side Entrance | Registry is on the Main Floor, 2<sup>nd</sup> door

### PROTOCOLS FOR THE APPOINTMENT

- Give yourself enough travel time
- Arrive on time
- No walk-ins

### CERTIFICATE OF INDIAN STATUS CARD

- Two pieces of valid ID, one with a photo
- Bring your own 1"x1" picture

### ASSISTANCE WITH APPLYING FOR SECURE CERTIFICATE OF INDIAN STATUS CARD

- One valid picture ID
- Two recent passport photos

### Valid Identification is required for applying for Status Cards, Registration, & other Personal Information Updates.

ISC is **no longer accepting expired ID** for registration, status card issuance, or for requests to update personal information in the Indian Register. All ID must be valid, that is, not expired.

Since provincial and territorial authorities that issue ID (such as health care cards and driver's licenses) across Canada have reopened, applicants with expired ID are encouraged to obtain valid ID as soon as possible.

For more information on the ID, requirements to apply for registration, and the status card, visit [What is considered valid acceptable identification.](#)

### **Bands that will be issued Certificate of Indian Status Cards and assistance with the Secure Certificate of Indian Status Cards**

Aitchelitz First Nation	(558)	Shxw'ow'hamel First Nation	(587)
Kwaw Kwaw Apilt First Nation	(580)	Skawahlook First Nation	(582)
Matsqui First Nation	(565)	Soowahlie First Nation	(572)
Popkum First Nation	(585)	Sumas First Nation	(578)







# STÓ:LŌ BULLETIN

## SEPTEMBER 2023

### SSA GROUP BENEFITS PLAN

#### MENTAL HEALTH NAVIGATOR

The Best Doctors Mental Health Navigator program offers you a discreet and confidential way to seek mental health support. If you or an eligible family member struggle with feelings such as depression, stress, or anxiety, contact Best Doctors. Supported every step of the way by your personal Mental Health Navigator and expert health professionals including psychiatrists and psychologists, we provide an assessment of your diagnosis and recommend an appropriate treatment plan, from the comfort of your home via phone or video conference. Your Mental Health Navigator will also provide you support along your journey through the complex mental health care system. Please see the [MHN Employee Flyer](#) for more information.

#### EMPLOYEE and FAMILY ASSISTANCE PROGRAM

##### *LIFEWORCS BY MORNEAU Shepell*

[Employee and Family Assistance Program](#) (EFAP) helps employees address personal and workplace day-to-day problems, such as caregiving, life planning, financial advice, legal advice, health management services, short-term counseling services, 24/7 Services Centre, and many more. Please visit [www.workhealthlife.com](http://www.workhealthlife.com) for more information on the services available under your EAP program.

### STÓ:LŌ WORKPLACE INCIDENT REPORTS

A friendly reminder to All Staff:

If a workplace Incident occurs, please follow the link to follow the procedure on how to report an incident:

[Workplace Incident Report Form](#)

#### ANNOUNCEMENT TO ALL STAFF:

For meeting-room bookings, staff is encouraged to **book meeting rooms in the building they have an office in**. For bookings, please contact the following:

- Building 7 Boardrooms – [Sheradon Roberts](#) / [Heather Walker](#) / [Lauralee Campbell](#)
- Building 8B (SGH) Small and large Boardrooms will be closed until further notice. [Abby Duncan](#) / [Kelly Willmets](#)
- Building 10 Floor 1-[Abby Duncan](#) / [Kelly Willmets](#)
- Building 10 Floor 2 – [Tracey Joe](#) / [Tara Green](#)
- Building 10 Floor 3 - [Nancy Wasikowski](#)
- Longhouse Bookings -[Naomi Henry](#) (604) 824-2436

New VPN (Virtual Private Network) will make using your work laptop at home a similar experience to being at the office. Contact Garret MacAskill for information or assistance.

### FRIENDLY REMINDERS FROM FINANCE AND OPERATIONS

- To Request new or changes to existing access cards, please complete the online Access Form at: [www.stolonation.bc.ca/access](http://www.stolonation.bc.ca/access)
- Cell Phones and Landlines! Contact Brianna Nakagawa for all things related to cellphones and landlines.
- **To review current operational policies and other general information, please go to N: \Info**
- Reminder for all staff to submit any announcements/invitations to [Michelle Van Tongeren](#) for the monthly bulletin and to refrain from sending "all-staff" emails.
- Staff are reminded to avoid publishing phone numbers – work or personal – on Facebook or any other social media. Recently SSA experienced harassing phone calls from someone who obtained a staff's cell number – as well as their relative's numbers - on Facebook.





# STÓ:LŌ BULLETIN

## SEPTEMBER 2023

### STÓ:LŌ SERVICE AGENCY

#### VISION

---

A healthier, stronger, brighter future for all communities.

#### MISSION

---

We empower, support, and contribute to the health and well-being of all people by providing leadership and delivering a broad range of quality services.

#### VALUES

---

We strive to act in accordance with our seven core values at all times.

<b>Honesty</b>	We communicate internally and externally with clarity, honesty, and openness.
<b>Accountability</b>	We accept responsibility for our decisions and actions and answer to our partners openly and transparently.
<b>Pride</b>	We feel and demonstrate pride in our actions and accomplishments.
<b>Professionalism</b>	We act professionally as an outward reflection of our internal values.
<b>Integrity</b>	We do our best work, hold ourselves to the highest standards of conduct and act in the interest of our communities and partners.
<b>Empathy</b>	We work to understand and relate to the feelings, experiences, and situations of others and are non-judgemental.
<b>Respect</b>	We respect others' ideas, experiences, and ways of thinking and treat all people as equals.







# STÓ:LŌ BULLETIN

## SEPTEMBER 2023

### SSA 2023 Golf Tournament!

Welcoming-Cultural Centre



Putting Contest-Gavin May



50-50 Winner: Anna Celesta



Closet to the Pin-Stefanie Johnson



Closet to Pin-Matt Ell



Best Team Score-Ladies Flipping Birdies



Team Spirit-Tzeachten



Most Honest Team-ASCD Program



Longest Drive-Tyler Charlton







# STÓ:LŌ BULLETIN

## SEPTEMBER 2023

