



# Stó:lō Nation Annual Report Fiscal Year 2010 – 2011



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## **Vision**

The Stó:lō Nation vision encompasses the social, political, economic, and cultural development of the Stó:lō, as a nation. It is a vision of a First Nation's attempt to collectively aspire for a better world for its people - the people of the river, in a manner that is governed by its distinct culture and traditions, where each and every Stó:lō individual will attain a decent quality of life and dignity.

## **Mission**

To create a better world for our people,  
we, the Stó:lō House of Government, endeavor to:

Provide high quality services;  
Practice and promote cultural values;  
Protect and manage our resources; and  
Operate in a fair, honest and respectful manner.

The vision will be realized through the combined efforts  
among and between the SN Chiefs Council, the SN Board,  
and the SN Executive staff.

Altogether, they will be guided by the mission statement, as  
adopted by the Stó:lō Nation Chiefs in 1995.

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## Message from the Executive Director

The Stó:lō Nation (SN) FY 2010-2011 Annual Report briefly describes the major accomplishments of the organization in providing a broad range of programs and services which Stó:lō Nation continues to strive to implement. The report also includes a brief financial report on how the organization utilized the funds received for this fiscal year.

I am grateful for the continuing support and assistance I receive from the Stó:lō Nation Chiefs Council (SNCC), Stó:lō Nation Board (SNB), the Stó:lō Nation member communities, and the Stó:lō Nation staff.

We are committed to helping families and communities meet their own needs. As in past years, we continued to implement new strategies and approaches to optimize our resources and improve our management systems and procedures.

The highlights of our FY 2010-11 accomplishments include the following:

- Completion of the Stó:lō Resource Center;
- Preparation of our proposal to enter into a ten-year Flexible Funding Arrangement for delivering community health services to our eleven (11) communities;
- Completion of the SN Health Evaluation;
- Consultation and dialogue with our communities on various health programs/service delivery issues and concerns;
- Changed Pension Plan from Manulife to Great West Life; and
- SNHRD transition with Service Canada into the new Aboriginal Skills & Employment Training (SASET) agreement.

Stó:lō Nation is committed to exploring various means to improve the quality of service delivery and to contribute to the development of a healthy Stó:lō Nation.

I commit myself and contribute in a good Stó:lō way with everyone in this organization to represent and advocate the best quality programs and services.

Thank you.

**Willy Hall**  
**Executive Director**



## Executive Summary

The Stó:lō Nation continued to perform its service delivery functions to its eleven (11) member First Nations. It maintained existing collaboration with the various funding agencies to ensure that the community members continue to receive the services they are entitled to, given the current funding arrangements from the various programs and projects that Stó:lō Nation implemented this fiscal year.

The Stó:lō Nation Employment Assistance Services (SNEAS) provided job search interventions, career decision making, skill development and employment maintenance services to all Aboriginal people within the Stó:lō Territory. In FY 2010-11, SNEAS provided 1,241 interventions to 1,246 clients. In the same fiscal year, SNEAS assisted 148 clients to secure employment, 84 people to return to school and 3 people in establishing self-employment.

The finance and administration staff performed routine financial and administrative functions. On an annual budgeting system, Stó:lō Nation has efficiently managed its finances this fiscal year and expects to continue to have sound financial management practices to sustain its operations in the coming years. This fiscal year, Stó:lō Nation revenue was \$ 22.801 million while expenditures were \$ 22.877 million. The previous year's surplus covered the small deficit registered in the current year. The non-Tribal Council programs cluster received the most funding while the Stó:lō Government House cluster received the least funding.

On the management side, Stó:lō Nation consolidated its efforts to maximize staff management and supervision as well as resources, thus placing the Stó:lō Aboriginal Skills and Employment Training (SASET) program and the Information Technology (IT) services under the administrative supervision of the Finance and Administration Manager.

This fiscal year, the Stó:lō Nation Health Services (SNHS) focused on the development of systems and processes for the delivery of health services to the Stó:lō communities. This required rebuilding operational systems and procedures to ensure that the overall leadership and direction to program supervisors and staff are in place so that day-to-day tasks, activities, and services, coordination, liaison and networking are stabilized.

The SN Health Transfer Agreement-PA0700007 expired on March 31, 2011. In preparation for the new funding arrangement with Health Canada, the SNHS contracted the evaluation of the Health Services delivery in April 2006 to March 2011. In addition, the FY 2011-2021 Ten-Year Community Health Plan for the eleven (11) Stó:lō Nation member-First Nations was developed and submitted as a requirement to enter into the Flexible/Block health funding arrangement. Some of the major activities completed this fiscal year included the Evaluation of Health Services; Development of the FY 2011-2021 10-year Community Health Plan; and the continuing participation of Stó:lō Nation in the First Nation Health Council (FNHC) activities which include the First Nation Health Manager's Association and the Fraser Region Caucus sessions for the Tripartite Agreement.



The SRRMC provided a broad range of support services to the newly formed Stó:lō Xwexwilmexw Treaty Association (SXTA), even though SXTA is no longer associated with Stó:lō Nation. Treaty-related services include negotiation, research, archival, outreach and general administrative support. The SXTA is currently in Stage 4 of the BC Treaty Process, working toward an Agreement-in-Principle.

On October 22, 2010 (Stó:lō New Year), Stó:lō community members, Elders, and Leaders celebrated the much-anticipated opening of the Stó:lō Resource Centre (SRC). The SRC is a 24,800 square-foot, three-story office building housing the SRRMC, Stó:lō Development Corporation (SDC)/Stó:lō Community Futures (SCF), Shxwt'a:selhawtxw Longhouse Extension Program (LEP), and the Stó:lō Shxwelí (Stó:lō Halq'eméylem Language Program).

The highlight for this fiscal year's accomplishments was the collaborations and consultations with the Fishery Management Board (FMB) and at the larger community forums were the following: all signatory First Nations decided on the name "Lower Fraser Fisheries Alliance (LFFA)"; LFFA Terms of Reference (TOR); and the LFFA statement of solidarity and governance structure adopted in principle. The Tier 1 and 2 processes which are important components of the LFFA are currently being drafted. Fisheries management in this region deals with broad-based and complex issues—beyond fishing. Currently, there is ongoing work with the recreational fishing sector (First Nations and Sport Fishing Joint Working Group). Due to conflicts and overcrowding between the First Nations and the Recreational fishers at common fishing locations, it was decided there has to be a line of communication between the two fishing groups. The working group has begun to work together to have a process in place to deal with fishery matters impacting each other's fishery, through the Lower Fraser Assembly.

The Lands staff assisted with survey BCRs, Allotments of Land, Transfers of Land, Updates of Title, and Tenancy Changes including work with locatees interested in leasing their land. The staff also continued to track rent reviews to ensure all parties are aware of the deadline. On the other hand, the SRRMC conducted the fieldwork on boundary investigations, contaminations and/or other issues related to land management. To protect band membership's interest, the SRRMC assisted with Estate planning to alleviate the estate process and Section 50 jurisdiction, and assisted Land Code bands in some of their day-to-day administration of land management. The Stó:lō Nation Lands Department is no longer involved in the Coqualeetza ATR process.



# Highlights of Accomplishments

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## Community Development Program (CDD)

### Employment Services

The Stó:lō Nation Employment Assistance Services (SNEAS) provides job search interventions, career decision making, skill development and employment maintenance services to all Aboriginal people within the Stó:lō Territory. In FY 2010-11, SNEAS provided 1,241 interventions to 1,246 clients. In the same fiscal year, SNEAS assisted 148 clients to secure employment, 84 people to return to school and 3 people in establishing self-employment.

#### ***ACTT VI Program***

The Aboriginal Career Training Team (ACTT) VI theme this year was Media and Marketing. This year saw the first ever three-way ACTT partnership among the Stó:lō Nation, Stó:lō Tribal Council and Chehalis First Nation. Chilliwack's Hawk 89.5 Radio Station was a corporate partner for the third consecutive season. ACTT hosted 21 students. Five (5) Post Secondary students took leadership roles with 16 high school students.



Participants interacted with local Aboriginal role models, learned practical hands-on skills and competed weekly at various marketing tasks. The final projects were marketing plans with radio spots presented at their graduation ceremony in August, which was attended by 300 guests. The radio spots have continued to play on the Hawk 89.5 Radio station, and the Hawk is committed to providing partnership services for next year's ACTT VII program.

#### ***BladeRunners Program***

Fifty one (51) youth between the ages of 15 and 30 participated in the program this year. In addition to training for their field, participants were provided with the ability to gain their BC drivers licenses, criminal records checks, identification, and supplies to prepare them to join the workforce.



**BladeRunners: Locksmith**



BladeRunners worked with the following partners to deliver industry-specific training and hands-on experience: University of the Fraser Valley, MTI Community College, Firestorm Training, 24 Hour Mr. Locksmith, Triangle Community Resources, Teamworks, Worksafe T Solutions, BC Hydro and Terasen Gas. Participants were trained and connected with work in the firefighting, early-childhood education, energy efficiency and business administration fields.



Table 1- BladeRunners Summary of Accomplishments, FY 2010-2011

GROUP	# of Students	NOTES
BLADERUNNERS – FIRESTORM	16	In partnership with <b>FIRESTORM Training</b> : 4-weeks Firefighter and Safety Training
BLADERUNNERS – ECE/FCC <i>UFV Graduation-June 9, 2011 at 2:30 pm at the Abbotsford Campus</i>	16	In partnership with <b>UFV Training</b> : 5-week of in-class skills enhancements & 3-months at UFV- 12 Graduating with their FCC and 1 Graduating with full ECE
BLADERUNNERS – RENEW	13	In partnership with <b>Terasen Gas &amp; BC Hydro Training</b> : 5-weeks RENEW Energy Efficiency Training
BLADERUNNERS – BUSINESS ADMIN	6	In partnership with <b>MTI Community College Training</b> : 6-weeks (11-weeks ½ days) Business Administration Diploma
BLADERUNNERS – LOCKSMITH	4	In partnership with <b>24 Hour Mr. Locksmith Training</b> : 1 week Energy Efficient Enhancement Training
	<b>55</b>	

**Career Fair**

The 8th Annual Career Fair held at the Chilliwack Landing Centre on February 4, 2011 was a huge success. Students were able to ask questions and collect information from several post-secondary institutions and employers at the Career Fair. There were over 600 Aboriginal students, grades 7-12, and over 50 exhibitors in attendance.



Shaw Cable interviewed some of the participants on site as well as a few of the exhibitors. Morning snacks and hot lunch were provided, with a mini-donut stand at the front door. There was live entertainment through the lunch hour and the kids got a lot of information from the Exhibitors and had lots of fun at the same time. Workshops were held during the day by the RCMP, Canada Revenue Agency, Canada Corrections and Qwi:qwelstom Respectful Relations.



**Vocational Sponsorship**

Fourteen (14) clients accessed short- or long-term Vocational Sponsorship and 26 clients accessed Transition-to-Work funds to secure employment. Table 2 shows the list of individual programs sponsored and their completion rate.



Table 2-Vocational Sponsorship Report, FY 2010-2011

Program	# in Program	Completed Program	Currently In Program
Automotive Technician	1		Yes
Culinary Arts	1		Yes
Community Support Worker	1		Yes
Dental Assistant	1		Yes
Pharmacy Technician	1	Yes	
Practical Nursing Program	1		W/D
Special Education Teacher Assistant	1		Yes
<b>Total</b>	<b>7</b>	<b>1</b>	<b>5</b>

**Education Services**

**A:Imelhawtxw Early Learning Centre (Daycare)**

The centre was in full capacity at 24 children, for the ages 3-to-5 program. The infant and toddler program was also full at 12 children for April and there is a waiting list.



Since the ECE programs have come under the umbrella of CDD, the focus has been on early learning skills, Kindergarten Readiness, and language and culture integration. The students have been busy learning through many themes and activities daily.

The Centre was able to host their first Christmas concert in December 2010, where children performed at the Stó:lō Resource Centre for families, staff and the Stó:lō communities. The children performed English and Halq'emeylem Christmas songs. The Centre also hosted a family Christmas dinner for the parents and children in the daycare, and has sent out two formal report cards with assessments of developmental stages in November and March. The final report card for the school year will be in June 2011. One of the Centre's goals for spring is a redecoration of the learning spaces through several grant funding sources.



### Stó:lō Nation Head Start Preschool and Family Programs

Preschool Morning (3 Years) - Program full capacity at 20 children  
 Preschool Afternoon (4 Years) - Program full capacity at 20 children

This year, the Stó:lō Nation Head Start Preschool set up programs for children's developmental ages. The Preschool has a morning program for 3 year olds, and an afternoon program for 4 year olds, two days a week. The Preschool also felt that the children needed more educational opportunities to be prepared for the new full day Kindergarten programs, so Stó:lō Nation decided to offer a third day of preschool for the 4-year-old class to focus solely on Kindergarten Readiness skills, such as Literacy and Numeracy.



This program is very successful and children are showing great progress, with early learning skills being developed. The Stó:lō Nation Head Start Preschool continues to have two Elders teach Halq'emeylem to the preschool students, and fosters a great relationship with the preschool teacher and her program activities.

The Stó:lō Nation Head Start family program is continuing to grow with new registrations weekly. The Head Start has invited Elders from the Elder's Lodge to attend sessions, and join the Stó:lō Nation Head Start family program for luncheons once a month. The Head Start program have also hosted a family night at the Elder's Lodge, serving a Pancake Breakfast for supper and inviting a family program member to drum and sing for the group. The Head Start program also hosted a movie night on the big screen at the Stó:lō Resource Centre at the end of March.



One of Stó:lō Nation Head Start's goals for the spring is to start a Parent Advisory Council (PAC) for all of the programs to have the parents input into programs and services provided. The Head Start will also be forming a Language and Culture Committee to have community, family, staff, and Elders' input into the integration of language and culture into every aspect of the programming. This summer the Head Start program will also be hosting an Early Learning Event for families to participate with their children to access services to support their children's learning and development.



### **Mission Aboriginal Family Place**

The Stó:lō Nation Head Start program is excited to announce that they will be relocating the Mission Aboriginal Family Place to the Mission Friendship Centre on May 2, 2011. The MAFP has built a great partnership with the Friendship Centre, and believes that they will be able to service more families in Mission with a better, centralized location with easier accessibility. The Mission Friendship Centre has been very busy renovating the store front and other spaces for the MAFP program.

In the past several months, the MAFP has also started outreach drop-in programs at the Leq'a:mel Band Office and Matsqui House to offer better accessibility to MAFP's on-reserve families located near the Mission area.



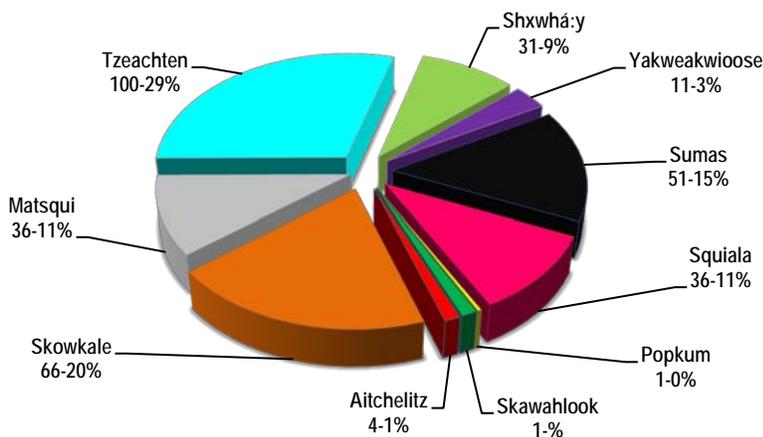
**Kindergarten to Grade 12**

The Annual Aboriginal Awards Ceremony was held in **May 2010** at the Ag-Rec Centre in Chilliwack. There were over **1,100** in attendance, with **700** students being honored from 7 School Districts in the Fraser Valley. A total of **250** Stó:lō graduates were honored. For future years, the ceremony will include all Aboriginal students and will be titled “Aboriginal Awards”.



The School Supply cheques were issued in August 2010. Stó:lō Nation-funded students were invited to the TransCanada Water Slides, with staff and parents to supervise the children. This year’s attendance was **200**.

**Chart 1- K12 Students, by First Nations, FY 2010 - 2011**



**Table 3- Nominal Roll F 2010-2011**

First Nation	# of Students
Aitchelitz	4
Matsqui	36
Shxwhá:y	31
Popkum	1
Skowkale	66
Squiala*	36
Sumas*	51
Skawahlook	4
Tzeachten	100
Yakweakwioose	11
<b>Total</b>	<b>340</b>

The 2010-2011 Nominal Roll was completed with a total of **253** students, with an additional **87** students from Squiala and Sumas, for whom Community Development provides flow-through services.

**Post Secondary**

Applications were processed for 52 students. Five (5) Scholarships and 9 Bursaries were awarded. The sponsored programs included Nursing, Business Administration, Bachelor of Science, numerous Bachelors of Arts, Stagecraft at BCIT, Masters in Adult Education, and a Masters in Communication, as well as a wide array of students in college preparatory upgrading courses.



### Stó:lō Shxweli Language

Stó:lō Shxweli's Halq'emeylem program has been developing a curriculum for schools, online learning materials, and adding to the First Voices glossary. Combining indigenous language preservation with cutting-edge technology resulted in the Mac-compatible, iPod/iPhone/iPad application for Halq'emeylem that was released in FY 2010-2011. These can be downloaded free from iTunes. Shxweli has also been developing a portable Language Lab for communities that are unable to access the internet.



Shxweli has presented at a number of conferences and gatherings for FNSA, IAHLA and the People of the River Conference. Language classes are also available online through the Nicola Valley Institute of Technology, and onsite through Simon Fraser University and University of the Fraser Valley.

### Longhouse Extension Program—Shxwt'a:selhawtxw- The House of Long Ago and Today

Shxwt'a:selhawtxw continues to provide first-hand cultural programming to a variety of audiences: Public Schools (1,500 students); Universities - 400 students; Education/Social /Health programs (300 participants; and the Community (200 participants).



The Longhouse Extension Program offers these cultural learning experiences in three formats: the cultural tour, hosting cultural events, and an outreach program. The cultural tour presentations are hosted in the new Stó:lō Resource Centre, Longhouse, Interpretive Centre, and Ethno-botanical Garden.



The Longhouse Extension Program hosted the following cultural events for the community and the public: First Salmon Ceremony (200 people); Spring Burning-Central Region (30 people); Fall Burning-Eastern Region (30 people); Veterans Day (420 people); Aboriginal Day Celebration (100 people); and the Stó:lō Resource Centre Grand Opening (400 people).

The satellite program Stoqoye, provided cultural presentations in schools (approximately 80 visits) and in outside events (approximately 10 presentations).



## Social Development Services

### Social Assistance (SA) Delivery

Table 4 shows the SA Caseload for FY 2010-2011. The red text signifies the number of families receiving assistance in each category (Employable, WOP/ASARET, Persons with Persistent Multiple Barriers, Persons with Disabilities and Child out of Parental Home).

**Table 4-Social Assistance Caseload, FY 2010-2011**

CATEGORIES	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR
<b>EMP</b>	29	27	24	22	23	22	22	20	21	26	23	22
# people	60	57	51	47	51	58	54	53	57	59	53	50
<b>W/A</b>	84	88	86	74	77	74	75	79	82	91	90	93
# people	136	142	143	128	133	129	123	129	139	162	165	172
<b>PPMB</b>	16	15	16	15	16	17	17	17	18	18	18	20
# people	17	19	20	18	19	20	20	21	21	20	21	25
<b>PWD</b>	29	30	29	31	29	30	29	29	28	28	28	28
# people	40	41	38	44	35	39	37	37	36	36	35	34
<b>COPH</b>	21	19	18	17	17	16	17	16	14	10	10	10
<b>Total Files</b>	<b>179</b>	<b>179</b>	<b>173</b>	<b>159</b>	<b>162</b>	<b>159</b>	<b>160</b>	<b>161</b>	<b>163</b>	<b>173</b>	<b>169</b>	<b>173</b>

### Employment Action Plans

Employable income assistance recipients must work with Employment Services to develop and implement an Action Plan monthly. The goal of the EAP is to assist clients to find satisfying, long term employment. Those with exemptions from the EAP are Persons with Disabilities, parents with children under 3 years old, parents with Special Needs Child or those with temporary medical exemptions.





There was an increase in the number of 19 year-olds applying for Social Assistance, and a rise in the number of single parents. Social Development is developing programs to target single parents and implemented a preventative education campaign to encourage youth to stay in school to avoid reliance on social assistance. SN Social Development generated income by delivering training sessions under the Active Measures throughout the province on WOP/ASARET delivery mechanisms and INAC Accountability and Reporting.

### **Adult In-Home Care**

The program provides support services to Elders in their homes. Other services provided included a no-charge tax preparation for over 440 families this fiscal year.



### L'il Gift Gallery

Sales have improved a bit since last year. The Gallery now has 93 accounts, and is increasing the variety of items across a range of prices, including bringing in more items targeted at tourists. Partnering with the Longhouse Extension Program gives the gallery another marketing venue, and has increased the demand for more traditional cedar items and Salish weavings.

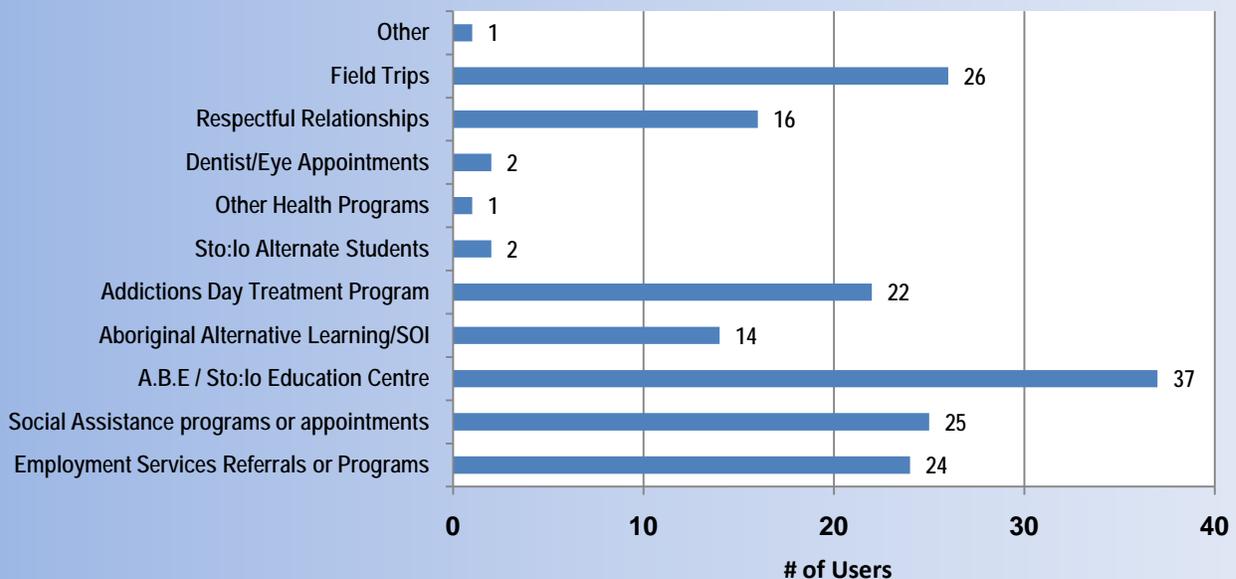
Custom orders for knitted, beaded, and sewn items are a regular request now and being passed along to artists. The artists are enhancing their portfolios and learning aspects of retail, developing independence, and learning to be successful at operating their own business. The Gallery has also partnered with the Work Opportunity program.

### Bussing Program

The Community Development Bus Service transports clients within Stó:lō territory, both on- and off- reserve. Without this much-needed service, many clients would be unable to access educational, employment or social programming.



Chart 2-Bus Service, by Program Use, FY 2010-2011



## Justice Program

This fiscal year, the Family Justice Project deliverables were specific to child protection, and ended in August 2010. The Fisheries Justice Program continued operations with no funds, continued monitoring of criminal and civil files, and conducted the Respectful Relationships Program for men with 21 sessions completed. The Justice Program is also developing relationships with Federal Corrections Canada.

### Criminal Files

The core of the work that the Justice Program do, stems from criminal files referred by the RCMP, Crown Counsel and community members themselves. The Justice Program does not have the annual statistical analysis from the Department of Justice, but suspect the number of files they have dealt with has increased significantly over other years. Their own internal statistics indicated they opened 118 cases. The last quarter of the year in particular kept the staff busy with clients, holding circles to assist them, persons harmed, and families.



The number of self-referrals from community members has increased. A testament to the faith they put in finding traditional Stó:lō methods of resolving issues, rather than merely relying on the Canadian legal system.

The Justice Program's work with clients and expertise in arranging and hosting circles continues to evolve. The Justice Program had 54 circles this year. Elders were utilized in all of the circles and also attended 28 meetings to help the program. The process continues to grow with the help of the community and Elders. The Justice Program has mentored many communities throughout Canada as they set up their own process.

### **Aboriginal Justice Liaison Committee Meetings (AJLC)**

The AJLC meetings are SN Justice department-hosted quarterly meetings of justice personnel in the Stó:lō region talking about trends, issues of common concern, and how everyone can best work together. Discussions at most meetings were excellent with good community representation and representatives from Crown, RCMP, Victim Services, prisons, probation, and other justice agencies in the valley. The Justice Program has worked hard at making these meetings interesting, fun, and worthwhile.



### ***Respectful Relationships Program***

Last year, a number of men graduated from the Respectful Relationship group, a ten week course co-facilitated by a Justice employee and a member of the Chilliwack Community Corrections office. The course is meant to give men a greater understanding of more positive ways of being with their spouses, children, and family members. It is for men from all Stó:lō communities, on and off-reserve, and other First Nations men living within Stó:lō territory who want to learn how to stop the violence in their lives.



## Finance and Administration Services (FAS)

The finance and administration staff continues to perform routine financial and administrative functions. On an annual budgeting system, Stó:lō Nation has efficiently managed its finances and expects to continue to have sound financial management practices to sustain its operations. On the management side, Stó:lō Nation consolidated its efforts to maximize staff management and supervision as well as resources, thus placing the SASET program and the Information Technology (IT) services under the administrative supervision of the Finance and Administration Manager.



### ***Payroll and Benefits***

Over the course of the year, Stó:lō Nation welcomed 36 new employees hired in various departments for an average of 162 employees per pay run. The Stó:lō Nation employee Pension Plan was moved from Manulife to Great West Life for a better rate and guarantee that pension withdrawals for status employees would remain tax exempt. Pension Education sessions were set up with Great West Life and staff. Approximately 60 staff attended these sessions.

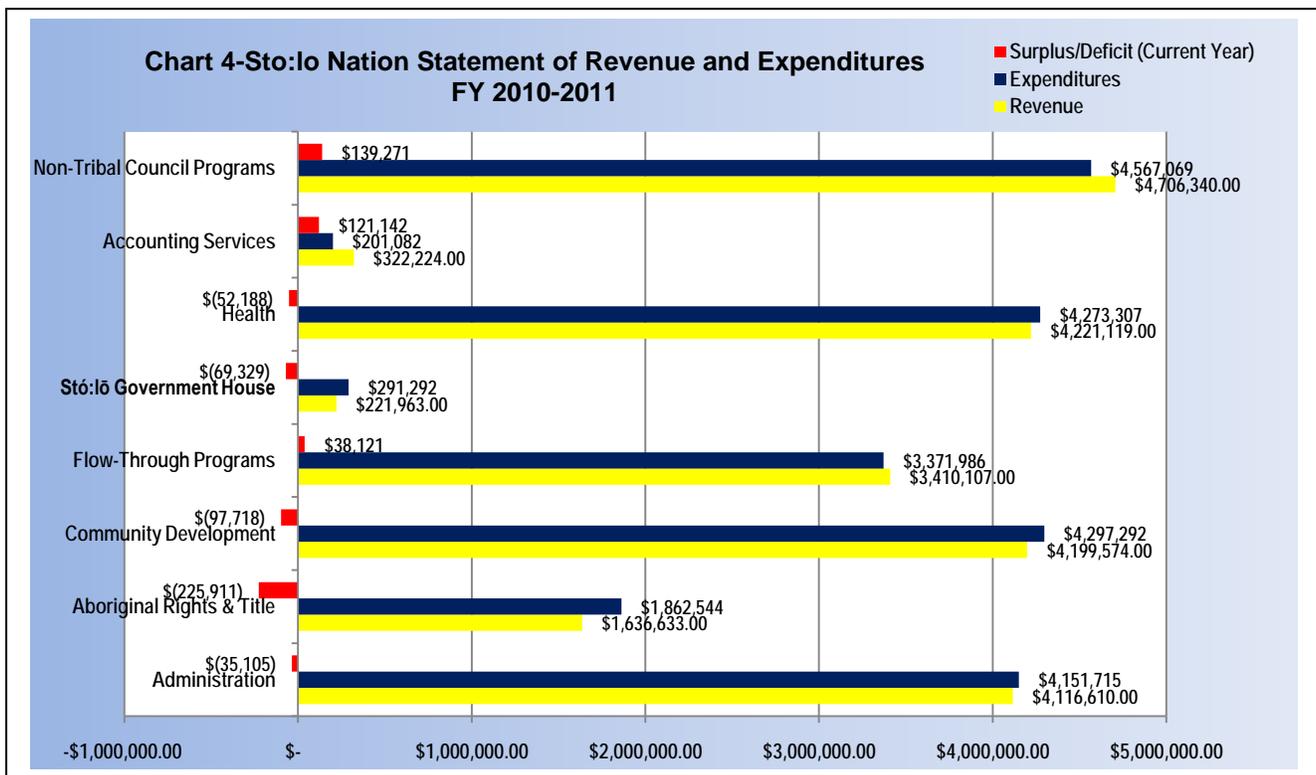
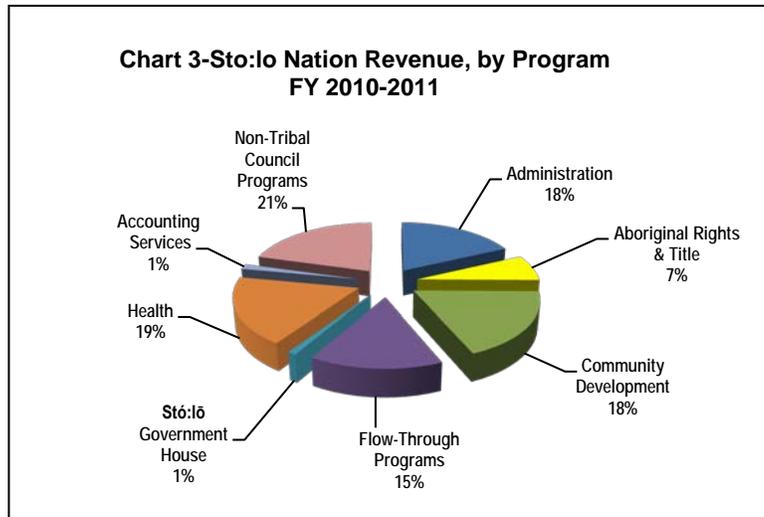


### Monitoring of Contracts and Related Tasks

Over the 2010-11 fiscal year, Stó:lō Nation (SN) operated under twenty-three (23) revenue contracts with the main funding sources being Indian and Northern Affairs Canada (INAC), Aboriginal Human Resources Development and Health Canada. Meetings were held with various funders to help secure fiscal year funding and 2010-2011 budgets were finalized and approved.

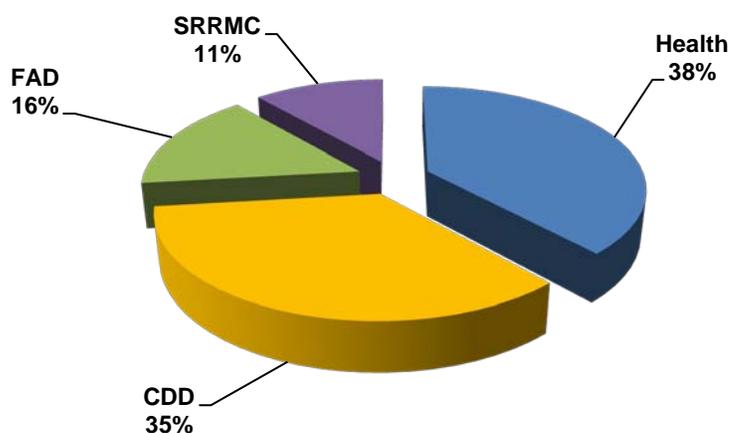
### Revenue and Expenditures

Stó:lō Nation revenue from various sources was \$ 22.835 million. The expenditures were \$ 23.816 million. Chart 3 shows the SN Revenues received for this fiscal year, by programs and Chart 4 shows the consolidated statement of revenues and expenditures (Unaudited). The financial report is preliminary. At the time of printing, adjustments in the financial statistics were still ongoing and the final information will be distributed via the Annual Audit.



## Personnel Services

Chart 5-Sto:lo Nation Staff Distribution, FY 2010-2011



Personnel services and assistance continue to be provided by the Human Resource Coordinator. There were 149 employees (100 full-time and 49 part time) at Stó:lō Nation this fiscal year.

The employees were complemented by 27 summer students deployed in the various programs and services. Chart 5 shows the staffing distribution for the fiscal year.

## Communications and Media Relations

Stó:lō Nation is committed to the enhancement of its internal and external communications including media relations. The organization has improved its engagement strategies with the member First Nations with a wide array of exciting events and education sessions, to keeping an updated website ([www.stolonation.bc.ca](http://www.stolonation.bc.ca)) and strong online presence through popular social networks such as Facebook and Twitter.

The effort was augmented by distributing informative brochures and flyers to the communities and re-publishing the Nation-wide newsletter (*Sqwelqwels Ye Stó:lō*) delivered free of charge and made available electronically. Stó:lō Nation will continue to provide timely, effective, and interesting information and tools to help all communities live healthier, happier lives.

May 25, 2010 marked the start of the official Stó:lō Nation social media presence. The Stó:lō Nation Facebook page was a phenomenal success. Within a year, nearly 400 people have joined the official Stó:lō Nation Facebook page. In one year, there was 57,977 page views from visitors aged 13 to 55+, from cities all over the world. The Stó:lō Nation Twitter feed has nearly 350 followers and has sent over 179 messages in the past year. The inception of the official Stó:lō Nation social media presence has been a success, and the Communications staff looks forward to developing the presence further.



### Staff Fun Activities

In June 2010, the FAD staff hosted a Stó:lō Nation staff BBQ. This social luncheon was an opportunity for all staff to interact outside of their departments. It included a dunk tank of which the proceeds went to the SN Christmas hamper fund.

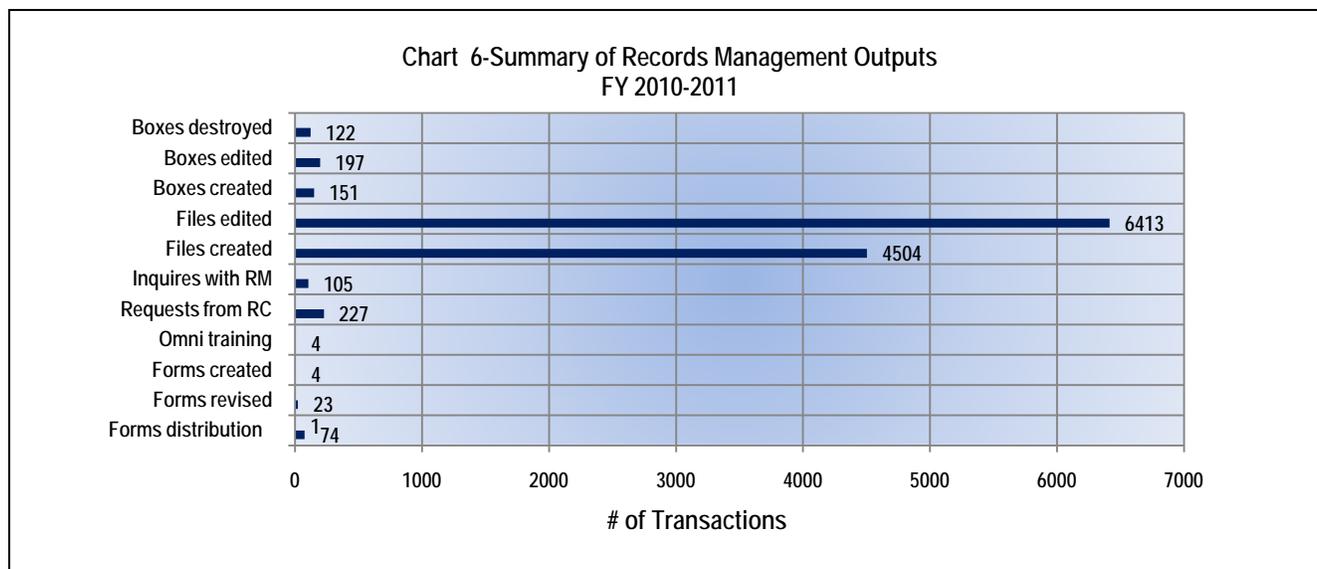


The staff also hosted a Golf Tournament in September 2010 at the Cultus Lake Golf and Country Club. This event had approximately 56 participants and was a fun and successful event.



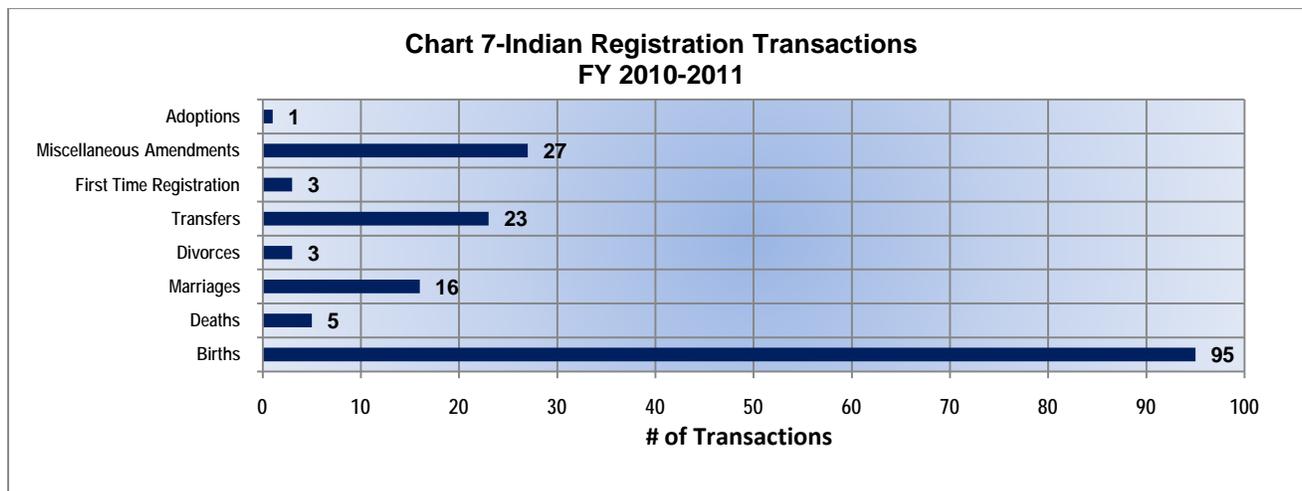
## Records Management

To maintain the smooth and continued implementation of the Records Management System (RMS), SN employees were trained on the OmniWeb records database. The maintenance of the Records Classification System (RCS), Records Retention Schedule (RRS) and the Management of the Records Centre (RC) also continued. Chart 6 shows the routine records management accomplishments this fiscal year.



## Indian Registration Administration (IRA)

The IRA provided continuing duties and responsibilities for Indian Registration. Chart 7 shows statistical information generated regularly. The IRA also assisted in the Finance File Room as needed. The data entry of CIS information into the Indian Registry System is a continuing task. For FY 2010-2011, a total of **538** status cards were issued.



## ***Central Administrative Support Services***

SN provided centralized administration support to its programs and services, specifically: reception; mail sorting and delivery; meeting room bookings; vehicle bookings and maintenance; requests for moves/additions for land line and cellular phones, maintenance and requests for office equipment (Fax and copier machines) and other related services.

## ***Property and Capital Management***

The construction of the maintenance shop began in July 2010. The final touches for the construction went into the SRC landscaping. The installation of building services to the maintenance area was also completed and improvements were made to the property storm system that was failing.



The compound and excavation of building 12 was also done and now buildings 11 and 12 are fully completed. The photos below show the various stages of construction.



## ***Planning, Policy Development and Technical Assistance***

### **Planning, Policies and Procedures Development, Research, Monitoring, Reporting and Evaluation**

The Stó:lō Nation Operational Policy Manual (SNOPM) and the Finance and Administration Operations Manual (FAOM) were updated to incorporate changes in labour and employment standards, acts and related legislations and new developments in the SN organization. The staff coordinated the preparation of the current fiscal year end Annual Report. Other routine tasks include: continuing updates of the SN Positions Registry; SN Population Table; development of project proposals; and program reviews.

### **Technical Assistance and Support to SN Staff and SN Member FNs**

The staff assisted in the development, and/or review of technical papers, discussion papers and other planning, policy development and program-related information, including the development and/or revision of Terms of References (TORs) for various areas of concern. Job descriptions were developed, reviewed, revised and registered. Several programs and projects reviews were completed and new project proposals were developed. The following documents were also written and/or completed this fiscal year:

1. *Generic Band Operations Manual;*
2. *Skowkale Band Operations Manual;*
3. *Stó:lō Nation Emergency and Disaster Preparedness Plan (Updated);*
4. *Stó:lō Nation Business Resumption and Continuity Plan;*
5. *Terms of Reference (TOR) of the SN Occupational Health and Safety Committee;*
6. *Stó:lō Nation Health Evaluation Plan; and*
7. *Community Health Plan for the Stó:lō Nation Member First Nations (FY 2011-2021).*

The staff also assisted in the development of the questionnaire for the recently-completed SN Health Services Evaluation, in the development of Scope of Work for proposals and in the review of proposals for various SN-contracted studies and researches.

### ***Information Technology Services***

The new Resource Center building serves as a centerpiece of pride in Stó:lō culture and is a unique blend of archival material as well as new technology. Sharps Audio assisted with the setup of Smart boards and other audio visual technology that have impressed both staff and the general public. These serve to teach and display Stó:lō language and culture with a theatrical flair.



The new Microsoft Windows 7 operating system began to appear on staff desktops this year. From testing so far, it appears more stable and performs better with applications. On the back end, the IT staff is upgrading server systems to the new Server 2008 R2 version to pack more computing power into less space. To that end, the staff began the move to a greener computing environment with the addition of an IBM Blade and storage system.

Several server and appliance systems have been upgraded or migrated to run in a Microsoft virtual framework – and it is anticipated that it will use just 40 to 60% of the electricity that the old servers used. The project is half complete and should be finished in the summer of 2011. The systems will run in a clustered arrangement to provide better reliability in case of hardware failure.



On the web, Stó:lō Nation launched the Community Engagement Hub website (<http://hub.stolonation.bc.ca>) to better involve the community and health professionals in Stó:lō Nation Health's initiatives. Internally, the staff will use a similar web platform later in the summer of 2011 that will make it easier and more engaging to exchange ideas and information.

Stó:lō Nation received \$50,000 worth of software donated by Techsoup Canada on behalf of Microsoft. This decreased the time required to launch the SN Server and Office upgrade projects.

Other achievements included: setup of 34 new or replacement laptops and workstations; new network monitoring appliance to keep an eye on network and building services; more robust antivirus program put in place; upgraded the email/anti-spam system; upgraded the web filtering system; and upgraded all remaining 100 megabit/s connections on inter-building network to 1 Gigabit/s.

### ***Stó:lō Nation Human Resource Development (SNHRD)/Stó:lō Aboriginal Skills & Employment Training (SASET)***

SNHRD was one of 10 First Nation Aboriginal Human Resource Development Agreements (AHRDA) in B.C. Through a contribution agreement with Service Canada, the SNHRD/SASET program provides funding for First Nations employment and training to over 40 First Nation communities in a service area that extends from Boston Bar to Surrey on both sides of the Fraser River, as well as the Pemberton area at the Head of the Harrison Lake. The clients that SNHRD/SASET serve include all status/non status, on/off reserve, First Nations and Inuit youth and working age population who reside in the catchment area regardless of their place of origin in Canada. The AHRDA's officially made their transition into Service Canada's new agreements of Aboriginal Skills and Employment Training (ASET) on October 1, 2010, when the program officially became identified as Stó:lō Aboriginal Skills and Employment Training (SASET).



In addition to the Employment Assistance Services (EAS), SNHRD/SASET funds a variety of project proposals from First Nations and other community based organizations in the catchment area for employment training and work opportunities to clients. This model of proposal driven funding has been continued into the SASET agreement.

### **SNHRD/SASET Accomplishment**

From April 1 to September 30, 2010, a total of 845 clients accessed services available through the EAS offices throughout the service area of SNHRD. SNHRD contracted a total of 23 Summer Career Placement files, providing employment experience to 113 participants. On October 1 to March 31, 2011, a total of 707 clients accessed services available through the EAS offices throughout the service area of SASET.

### **Employment Services**

The EAS program offers the following continuing services: computers with Internet access for job search and employment information; photocopy and fax service; job posting board; resource library; labour market information; education and trades training information; scholarships; grants, and bursary information; Employment Counsellors provide Employment Readiness workshops such as resume development, interview skills, dress for success, life skills and essentials skills development; assist those applying for funding to the trades and further training accredited programs for skill development. The employment counsellors have obtained their Career Development Practitioner (CDP) certificate to assist clients and SASET provides continuing professional development opportunities for the CDPs to upgrade their skill level for service delivery.

### **Skills Development Training**

From April 1 to September 30, 2010, SNHRD supported a total of 106 participants in a wide range of Skills Development Training opportunities. From October 1, 2010 to March 31, 2011, SASET supported a total of 84 participants in a wide range of Skills Development Training opportunities.

### ***Stó:lō Nation Human Resource Development Steering Committee (SNHRDSC)/ Stó:lō Aboriginal Skills and Employment Training Advisory Committee (SASETAC)***

The SNHRDSC was an ad hoc committee that brought a community-based review to funding proposals and submitted projects from the catchment area.



Stó:lō Nation is the legal entity and host agency for the SNHRD, now SASET, programs that administer the Service Canada Contribution agreements. The Stó:lō Nation Board of Directors require the Steering Committee to advise the SNHRD administrative staff on projects exceeding \$50,000.00. The Committee is formed by a call to the catchment area for applications and nominations for committee members with selection made by a geographically-diverse review panel from the catchment area.

On October 1, 2010 the SASET Advisory Committee replaced the SNHRDSC, for the purpose of objective proposal review. The Committee members represent neither political, organizational or business interests in their involvement, bringing their experience in education, employment, labour market information and training as a measure of success of the applications.

### ***Other Programs, Services and Partnering***

#### **BladeRunners**

After the October 1<sup>st</sup> transition, SASET will receive funds for this program from the Ministry of Advanced Education and Labour Market Development, through a 3- year agreement with the Aboriginal Community Career Employment Services Society (A.C.C.E.S.S.). Over the three years, ACCESS funding combined with SNHRD/SASET dollars will target 286 youth for training, mentoring and employment. This fiscal year, the program targeted 84 youth.

#### **Childcare**

Throughout the fiscal year under SNHRD and then continued by contract with Service Canada, SASET through a grandfathered funding process, transferred funds to three regional centres. In the Fraser Valley, the funding is received by Stó:lō Nation– A:Imelhawtxw Early Education Program, Seabird Island and Chehalis – Sts'ailes Early Education Centre. These contracts combined funded 52 seats.

#### **Aboriginal Career's Training Team (ACTT)**

The 2010 summer ACTT program students formed through a partnership with the Stó:lō Tribal Council, Chehalis and Stó:lō Nation will continue to be supported by the SASET program fund.



## Stó:lō Nation Health Services (SNHS)

### Health Management

This fiscal year, the Stó:lō Nation Health Services (SNHS) staff focused on the development of systems and processes for the delivery of health services to the Stó:lō communities. This required rebuilding operational systems and procedures to ensure that the overall leadership and direction to program supervisors and staff are in place so that day-to-day tasks, activities, and services, coordination, liaison and networking are stabilized.

Some of the major activities completed this fiscal year included the Evaluation of Health Services; Development of the FY 2011-2021 10-year Community Health Plan; and the continuing participation of Stó:lō Nation in the First Nation Health Council (FNHC) activities which include the First Nation Health Manager's Association and the Fraser Region Caucus sessions for the Tripartite Agreement.

### Health Funding Arrangements

The SN Health Transfer Agreement - PA0700007 expired on March 31, 2011. In preparation for a new funding arrangement with Health Canada, the SNHS contracted the evaluation of the Health Services delivery in April 2006 to March 2011. In addition, the FY 2011-2021 Ten-Year Community Health Plan for the eleven (11) Stó:lō Nation member-First Nations was developed and submitted as a requirement to enter into the Flexible/Block health funding arrangement.

<p>2010 Health Evaluation Emerging Health Issues/Concerns</p> <ol style="list-style-type: none"> <li>1. Lack of awareness of available health programs/services</li> <li>2. Transportation issues for more "remote" communities</li> <li>3. Need for adoption of a PHC (Primary Health Care) model (CHN/CHW/NP)</li> <li>4. Increased alcohol and drug addiction resources</li> <li>5. Healthy lifestyle support needed</li> </ol> <p style="text-align: right;"><i>SGM Consulting, 2010</i></p>
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<p>2010 Health Evaluation Illnesses or Conditions that Require Medical Attention</p> <ul style="list-style-type: none"> <li>❖ Hearing Loss</li> <li>❖ Vision Loss</li> <li>❖ Mobility Issues</li> <li>❖ Physical Disability</li> <li>❖ Diabetes</li> <li>❖ Cancer</li> <li>❖ Liver/renal Issues</li> <li>❖ Mental Health</li> </ul> <p style="text-align: right;"><i>SGM Consulting, 2010</i></p>
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The survey results and the related information gathered showed no clear changes in the status of health of the community members. The information was also not substantiated with actual data on the magnitude of the health problems and the actual number of community members reporting such health conditions. The very small sample of respondents included in the survey is also a clear indication of the low level of community participation of most of the communities in such activities.

The Stó:lō Nation Community Health Plan completed on March 30, 2011 was a coordinated effort among the SN Health staff and SN-member First Nations communities, using various strategies and in various timelines, specifically: review of existing studies,

researches, evaluation; community consultations and dialogues; and confirmation and validation of health needs and priorities to establish the baseline information for monitoring and evaluation.





The SN Community Health Plan will be used as the basis for addressing the community health needs of the 11 Stó:lō Nation member First Nations, within the next 10 years of the new funding transfer arrangement. The Health Plan is a living document and changes can be made as the needs of the communities change and communicated through the community planning group identified by each community.

## Participation in Health Initiatives

### *First Nation Health Directors Association (FNHDA)*

In December 2009, the establishment of a First Nation Health Directors Association (FNHDA) was passed at the Provincial Gathering Wisdom Conference sponsored by the First Nation Health Council (FNHC) and the First Nation Health Society (FNHS). Five regions (North, Interior, Vancouver Coastal, Vancouver Island and the Fraser Region) were established to form the association. The Fraser Region has two director seats on the association. Each Region selected their Directors and for the Fraser Region, the SN Health Manager and the Chehalis FN Representative were selected. The FNHDA is one of four governance pillars outlined in the Tripartite First Nations Health Plan: First Nations Health Governing Body (First Nations Health Authority); Provincial Committee on First Nations Health; FNHC; and FNHDA.

The purpose of the FNHDA is to build a better health system from the ground up. Collectively, BC FN Health Directors have a wealth of information, capacity, and solutions to the population health issues in our communities. An association for FN Health Directors will advance health planning and service delivery on behalf of the FN's in British Columbia, including but not limited to the following key roles:

1. Providing advice and assistance respecting FN governance with the aim of assisting in shaping health policy and legislation;
2. Supporting FN Health Directors in the development and implementation of health programs;
3. Creating a foundation for networking, knowledge, information sharing and communication;



4. Providing opportunities for First Nations Health Directors to engage in professional development and mutual support initiatives; and
5. Supporting the implementation of the “Transformative Change Accord: First Nations Health Plan” and the “Tripartite First Nations Health Plan”.

The First Nations Health Council health governance process is an inclusive one that seeks to involve BC First Nations through regional-level caucuses that correspond to each of British Columbia’s five Health Regions.

### ***Fraser Region Caucus***

The Regional Health Governance Caucuses form a key part of the health governance process, carrying information from the communities to the Provincial level and vice versa. The creation of a responsive and transparent health governance structure relies upon these Regional Caucuses. At the regional level, First Nations bring together their concerns and issues and strive to develop common approaches to bring to the Health Council. Stó:lō Nation is an active participant in the caucus.

## **Professional Nursing Services**

The Stó:lō Nation Health Services has current arrangements with various health professionals to provide services to the communities. These professionals include an Optometrist, a Nurse Practitioner, a Mental Health Clinician and a Paediatrician. A General Practitioner has opened her practice at the Stó:lō Nation.

## **Community Health Programs and Services**

### ***Community Health***

The Stó:lō Nation has a mandate to perform health promotion, disease prevention, and public health to the 11 SN-member communities: Aitchelitz, Leq’á:mel, Matsqui, Popkum, Shxwhà:y, Skawahlook, Skowkale, Squiala, Sumas, Tzeachten and Yakweakwoose.

The Community Health team consists of Community Health Nurses (CHNs) and Community Health Workers (CHWs), as well as a Parent-Child Assistant Program (PCAP) worker. They collectively deliver programs and services in the following areas:

1. Communicable Disease and Immunizations;
2. Canada Prenatal Nutrition Program;
3. Maternal and Child Health;
4. Fetal Alcohol Spectrum Disorder, and
5. Injury Prevention.



The Community Health Nurses assess and implement community needs from a health promotion and health determinant spectrum. Through data collected from surveys in the community and references made through Health Canada's monthly topics, the health staff have successfully implemented health awareness months. A ten-year tracking was done of the deaths in Stó:lō to target mortality and morbidity rates to enhance program development basing the practice on evidence, and best practice guidelines.

### Communicable Disease Control

The CHNs administer immunization to community members in accordance with the immunization levels, by age, sex and antigen. Stó:lō Nation also considers the appropriate season to administer the immunization to ensure effectiveness in the prevention of illnesses and/or diseases, arising from changes in weather and climactic conditions. This is recommended as per the Provincial Health Authority schedules.

**Table 5- Immunization Chart by Type of Vaccine and Community**

Sto:lo First Nations	Quadracel Combined vaccine for diphtheria, tetanus, pertusis (whooping cough) & polio in 1 needle.	Pediacel Combined vaccine for diphtheria, tetanus, polio, pertusis	MMR Measles Mumps Rubella	Varicilla Chicken Pox	Influenza Influenza	Infanrix Combined Vaccine for diphtheria, tetanus, pertusis (whooping cough), polio, HIB (meningitis) & Hep B.	Hep. B Bacteria that can cause multiple symptoms from nausea & vomiting, weight loss, liver damage.	Meningo coccal Meningitis	Pneumococcal Infections caused by a germ (bacteria) - <i>Streptococcus pneumoniae</i> that can cause infections: <a href="#">meningitis</a> (brain infection); <a href="#">bacteremia</a> (bloodstream infection) <a href="#">/pneumonia</a> (lung infection)/ <a href="#">otitis media</a> (middle ear infection)	Total
Aitchelitz	1	0	1	1	6	0	0	0	0	9
Leq'á:mél	7	0	8	5	48	1	3	1	4	77
Matsqui	1	0	4	3	38	3	1	3	3	56
Popkum	0	0	0	0	0	0	0	0	0	0
Skawahlook	1	0	1	0	18	0	2	0	1	23
Skowkale	4	0	13	10	44	8	3	7	10	99
Shx:wháy	2	0	5	3	39	2	2	1	3	57
Squiala	4	0	5	2	36	5	3	5	8	68
Sumas	2	3	7	4	55	3	3	1	3	81
Tzeachten	12	0	23	15	134	0	8	8	8	208
Yakweakwoose	1	0	3	3	22	2	1	2	3	37
Non-Affiliated	0	0	5	3	125	3	2	3	3	144
<b>Total</b>	<b>35</b>	<b>3</b>	<b>75</b>	<b>49</b>	<b>565</b>	<b>27</b>	<b>28</b>	<b>1</b>	<b>46</b>	<b>859</b>

Tuberculosis bacterial infection, that has hindered native people as a result of the close living proximity in institutions and the housing shortages incurred on the reserves, has been a targeted program of Stó:lō Nation. The SNHS health care team strives to assist in eliminating the incidence of this disease through detection and treatment adhering to the BC Centre for Disease Control standards.

**Table 6- TB Skin Tests Done in FY 2010-2011**

# of skin tests from all communities	34
# of skin tests read	23
# of skin tests requiring follow up	1
<b>Breakdown per community</b>	
Stó:lō Main Office	25
Shxwhá:y	2
Skowkale	2
Yakweakwoose	1



## **Disease Prevention**

The community health team increased awareness of multiple chronic illnesses affecting the communities through health promotion. Community members are reached by the newsletter every month. Topics are picked according to the Health Canada awareness month calendars. For instance, February is Heart Month, so heart health tips would be included in the monthly newsletter. The display table set up at Stó:lō Nation-Building 7 was very effective as a visual tool and the health promotion workshops for the Alternate School students was also successful.

## **Maternal and Child Health**

The CHNs continue to sustain accessibility of services for the female population. Through the continuing contact with community members at functions, and through the PCAP worker and well baby clinics, the staff were able to identify the expectant mothers and do outreach to them to provide prenatal services.

The services for the 11 SN communities were also extended to off-reserve Stó:lō mothers. They have benefitted from the well baby clinics with professional and peer support every Wednesday. Through the prenatal nutrition program, the Nurses and Community Health Workers were able to reach the maternal and newborn population.

## **Community Health Nurses (CHNs)**

The Community Health Nursing program continues to find ways of improving the coverage rates for routine immunization, outbreaks and the development of integrated immunization surveillance through regularly-scheduled monthly immunization clinics to keep communities updated with their immunization. The CHNs have also completed workshops relevant to Communicable Diseases and Prevention through hand washing demonstrations to the Alternate School and Adult Day Program participants.

### ***Community Health Goals for the upcoming year:***

1. To target populations according to morbidity, mortality and community needs.
2. To continue the Aboriginal Diabetes Initiative.
3. To develop a tool for an effective and efficient health programs and services data collection by improving the use of the Health Information System Form.
4. To provide staff with regular in-service training and capabilities to ensure that they are maintaining professional development and have the current/updated modalities for disease prevention.



5. To engage partners by meeting with other health delivery agencies in Chilliwack such as other Tobacco Reduction strategies and Fetal Alcohol Syndrome program deliverers to maximize the approaches to disease prevention.
6. To focus on visible results as a measurement for success. For instance, having more healthy pregnancies with less gestational diabetic reports.

### **Community Health Workers (CHWs)**

The CHWs conducted health clinics in the communities: 72 Immunization Clinics; 14 Flu Clinics; 4 TB Clinics; and 5 Mobile Diabetes Clinics. There were also multiple workshops conducted in the communities this fiscal year. The CHWs likewise participated/ facilitated the workshops and attended workshops for their own learning.

#### ***Assistance in Filling out Forms/Applications***

The CHWs assisted clients to fill out applications, helped clients understand application forms thoroughly so the client could become more independent in filling out application forms.

#### ***Home Visits***

The CHWs conducted home visits to respond to and address some of the health concerns of the community members. These home visits included: follow-up of prenatal and postnatal mothers; visits as requested by the Nurse and/or clients; visits to complete application forms; and visits as required for home care clients.

#### ***Community Visits***

The CHWs conducted weekly visits to the community members. This helped bring services directly to the clients in more remote areas. The CHWs brought resources into the communities, made themselves available to help fill out applications and forms, home visits, booked appointments, and brought the communities awareness of services that are available from the Stó:lō Nation.

#### Workshops Conducted/Facilitated

- **Food Skills for Families (6 weeks)** Approved by the Canadian Diabetes Association (CDA) and focuses on healthy food choices, healthy meal preparation, easy/healthy meals families can make. It has a FN focus and included a grocery store tour.
- **Nutrition Workshops (2)**
- **Hand Washing Workshops (2)**
- **Healthy Sexuality Workshops (2)** -for youth and parents wanting to learn how to teach their children

#### Applications that the CHWS Assisted

1. Medication Service Plan: Target adults 19 years +, 1 year olds +, stolen/lost cards
2. NIHB Reimbursement Application
3. HIS Form
4. Aboriginal Diabetes Initiative Form
5. Fair Pharmacare Application
6. Premium Assistance Application
7. Birth Certificate
8. Head Start Application
9. At Home Program
10. Handy Dart Application



**Communications**

The Community Health Team created articles for the SN community newsletter. Collectively as a team, with the help of the Health Canada campaign Calendar for 2011, the Team brought out topics as seen fit for specific months and brought the information to the finger tips of all SN communities. These included posters distributed pertaining to upcoming events and communicated directly with the Band Managers to book events at the band offices. The staff also attended the Leq'á:mel Health Fair.

LOCATION	DAY OF THE WEEK
Leq'á:mel Band Office	Mondays 10:00am-12:00pm
Sumas Band Office	Tuesdays 9:30am- 2:30pm
Squiala Band Office	Wednesdays 1:30pm-3:00pm
Shxwha:y Band Office	Mondays 1:30-3:00
Skowkale	Mondays 10:00am-11:45am
Yakweakioose	Mondays 10:00am-11:45am
Skawahlook	As Needed
Aitchelitz	As Needed
Popkum	As Needed

EVENT	SCHEDULE	LOCATION
Stó:lō Nation Immunization Clinic	Every 2 <sup>nd</sup> Tuesday	Building 7 Stó:lō Nation
Leq'á:mel Immunization Clinic	Every 3 <sup>rd</sup> Tuesday	Leq'á:mel Band Office
Sumas Immunization Clinic	Every 3 <sup>rd</sup> Wednesday	Sumas Band Office
Stó:lō Nation Immunization Clinic	Every 3 <sup>rd</sup> Thursday	Building 7 Stó:lō Nation
Matsqui Immunization Clinic	Every 3 <sup>rd</sup> Thursday	Matsqui Community House
Squiala Immunization Clinic	Every 4 <sup>th</sup> Thursday	Squiala Band Office
Work Shops/Info with the Community Health Nurse	1 <sup>st</sup> Monday	Stó:lō Nation Alternate School

*Schedules can change based on staffing levels and priority events.*

**Other Community Health Activities**

**Children's Festival** – The festival was held on August 11, 2010 at St Mary's in Mission. Over 400 people attended the event which consisted of a BBQ, information booths showcasing the services that SNHS provides, games and bouncies for the children. Prizes were given out to participants who had their passports stamped at each of the booths.



**Health Fairs** - Stó:lō Nation Health Services partnered with Leq'á:mel First Nation to present a series of four health fairs. Dates and themes are:

- February 21 – Healthy Hearts
- May 20 – Self-Care Spa Day
- August 29 – Annual Back to School BBQ
- November 18 – Mental Health and Addictions

**2010 Christmas Hampers** - Each year, the Stó:lō Nation staff fundraise to provide families with Christmas Hampers to help make their Christmas a little brighter. The Health Services staff successfully coordinated the fundraiser, and on December 15, 2010, a total of 127 hampers were distributed to the families.

**2010 Staff Appreciation Luncheon** - Four (4) SN departments jointly host staff appreciation luncheons. SNHS hosted the September luncheon. There was a catered lunch, a book sale, and sumo wrestling. Staff who attended the event donated money to the Christmas hamper fund through the book sale and gift basket draw.



Sumo Wrestling brought laughter to participants and audience. It was a great stress reliever and team builder!



**Home and Community Care (HCC) Program**

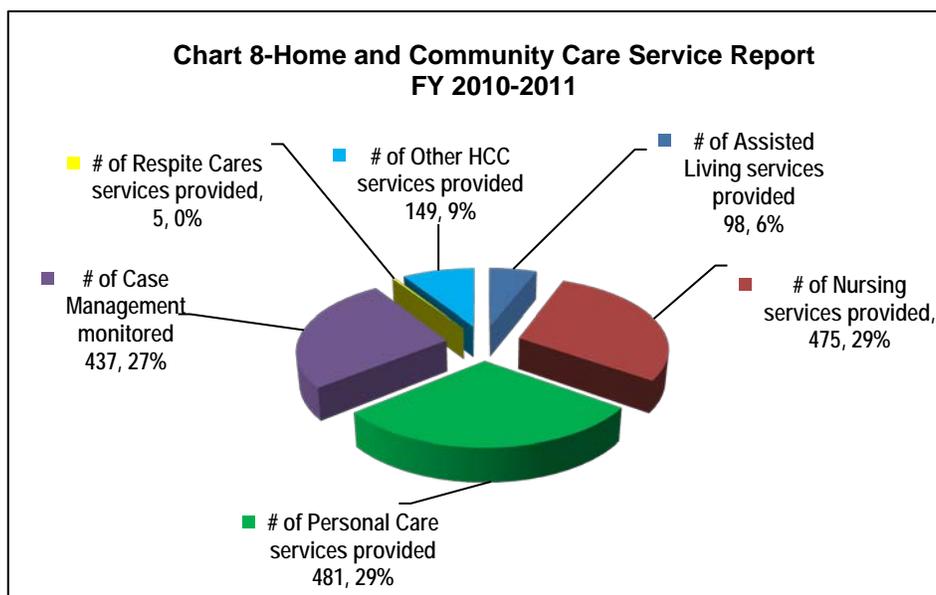
The HCC intake process involves the collection of relevant data about the client’s care, physician’s orders and facility discharge planning information. Charting which calls for “Responsibility and Accountability”, is one of the six standards of practice set out by CRNBC. RNs are accountable for all services delivered, and are also responsible in maintaining patient data relating to past and present care.



Chart 8 shows that the provision of personal care and nursing services including case management monitoring, accounted for almost 60% of services provided to the clients in their homes.

Other services inherent in the program include:

1. **Hospital Discharge Planning** – Assessment of the need for medical equipment, case conferencing, service linkage, etc. prior to a client’s discharge.



2. **Initial Assessment** – Conduct an interview to determine the needs of the client. HCC is involved in the role of informal caregiver, and the development of mutually-agreed-upon goals of care, frequency and duration.
3. **Consultation with Physicians** – to discuss potential client concerns.
4. **Reviews/Assessments** – Conduct ongoing reassessments to update the plan of care. These are carried out with regular home visits or telephone contact as per client’s wishes. Usually, monthly home visits are conducted, with increased visits if needed.

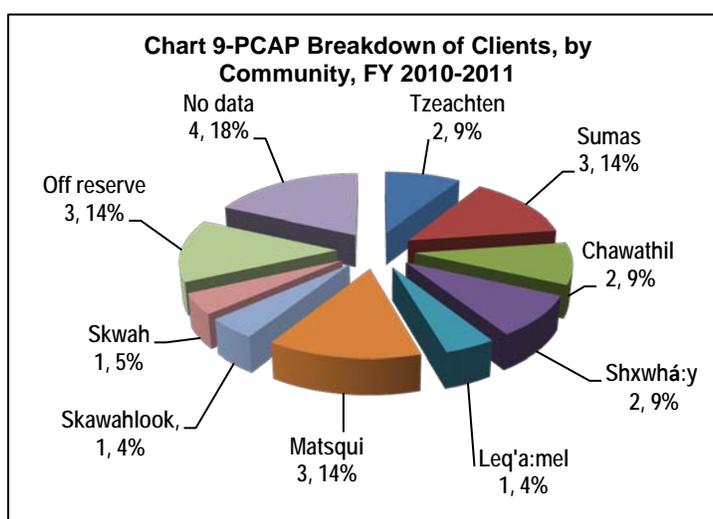


5. **Consultation with family members** – Conduct family conferences to discuss client/family concerns and resolve issues.
6. **Case conferences** – Conduct case conferences to ensure continuity of care.
7. **Establishing linkages/liaison** – Maintenance and coordination of linkages between and among multiple caregivers and programs to promote the optimum client care in an efficient and safe manner.

### **Parent Child Assistance Program – Xyolhmettsel Syemyem, “I am taking care of my pregnancy.”**

This program helped reach the young female population by targeting young mothers at risk for alcohol and drug abuse. The program also provided peer support, established a trust relationship for advocating for family health needs, and helped identify and develop a plan of care for the female population. Through the PCAP worker, the nurses were able to better communicate with the mothers to implement family planning resources.

The PCAP workers likewise collectively assisted in delivering the following programs: Communicable Disease and Immunization; Canada Prenatal Nutrition Program; Maternal and Child Health; Fetal Alcohol Spectrum Disorder; and Injury Prevention. To help improve their services to their clients, the staff attended seminars and workshops, as follows: Healthy Families; Mentoring Face To Face Workshop; and Child Seat Safety Presentation.



### **Brighter Futures Initiative**

The program helps provide access to culturally appropriate mental health, child development and injury prevention services at the community level. For FY 2010-2011, Stó:lō Nation provided Brighter Futures allocation to SN-member First Nations to deliver community driven programming in the following areas: Mental Health, Child Development, Injury Prevention, Healthy Babies and Parenting Skills. Below is a summary of how these funds were utilized by these First Nations:

The **Aitchelitz First Nation** target group for the BFI funding was their children and youth. The project covered a community trip to the Pacific National Exhibition in the summer months, gifts at Christmas, and youth activities during the spring break.



The **Leq'á:mél First Nation BFI funding** targeted all age groups in their community. Leq'á:mél's objective was to build up their community by bringing members together to participate in a number of different workshops, activities, events and outings that promote healthy lifestyle choices and well-being through social interaction, education and awareness. The different activities and events that were offered this year were:

**Table 9- Leq'á:mél First Nation BFI Activities**

TRADITIONAL WORKSHOPS	CULTURAL AND COMMUNITY GATHERINGS	ORGANIZED SPORTS	FIELD TRIPS
<ul style="list-style-type: none"> <li>▪ Drumming and Singing</li> <li>▪ Dancing</li> <li>▪ Language</li> <li>▪ Beading</li> <li>▪ Paddle Making</li> </ul>	<ul style="list-style-type: none"> <li>▪ Education Celebration</li> <li>▪ Aboriginal Day Celebration</li> <li>▪ Honoring our Graduates</li> <li>▪ Halloween Family Night</li> <li>▪ Easter Family Day</li> <li>▪ Elders Christmas Dinner</li> <li>▪ Various Community Meetings &amp; Consultation Sessions</li> </ul>	<ul style="list-style-type: none"> <li>▪ Volley Ball</li> <li>▪ T-Ball</li> <li>▪ Soccer</li> <li>▪ Dodge Ball</li> <li>▪ Badminton</li> </ul>	<ul style="list-style-type: none"> <li>▪ Waterslides</li> <li>▪ Paintball</li> <li>▪ Swimming</li> <li>▪ Nature Walks</li> <li>▪ Capilano Suspension Bridge</li> </ul>

The **Skawahlook First Nation** targeted their BFI funding towards programming for their youth population, aged k-12. Different projects funded include organized sports, traditional powwow dancing activities as well as hip hop and contemporary dance lessons to name a few.

The **Shxwhá:y Village** organized health activities for the community and the youth by providing support and healthy living programs to its membership. Throughout the year, Shxwhá:y facilitated a lunch club, employed a Youth Support Worker, and hosted Christmas, Halloween and Easter celebrations with their BFI funding.

The **Skowkale First Nation** BFI program was targeted towards the youth, Elders and families of the community. The activities were focused on socializing and building a sense of community, encouraging social development, self-esteem and self confidence, reconnecting the youth with the Elders' group, and traditional and cultural teachings. Highlights of the year include an annual back-to-school street barbeque, a community garden, as well as food canning sessions.

The **Squiala First Nation** used their BFI funding to provide their members with an opportunity for health and healing. The two main activities carried out with the funding include a lunch program for school-aged children, and counselling services to any member that required counselling services.

The **Sumas First Nation** BFI program focused on activities that enhanced the health and well being of the membership. The services provided were: community events; health and wellness support; mental health support; parenting skills; and family- focused activities. Other activities offered were a spring break program, summer program, family nights, cultural gatherings, and weekly health and fitness program.



The **Tzeachten First Nation** BFI program was used to assist youth in making healthier choices about their future and to help them obtain their goals. This was accomplished by placing their students into work experience positions, as well as taking in a variety of workshops that ranged from job readiness to health and safety.

The **Yakweawkwoose First Nation**, in partnership with Skowkale, held a variety of activities that was coordinated for the youth, Elders and families. The activities were focused on socializing and building a sense of community, encouraging social development, building self-esteem and self confidence, reconnecting the youth with the Elders' group, and traditional and cultural teachings.

### Drinking Water Safety Program (DWSP)

The program was designed to monitor drinking water quality in First Nations communities to reduce the incidence of waterborne illness and outbreaks by implementing the Canadian Drinking Water Quality Guidelines.

In FY 2010-2011, the Stó:lō Nation's DWSP Monitor carried out the program deliverables on behalf of four (4) communities (Aitchelitz, Skowkale, Tzeachten, Yakweawkwoose). The remaining communities (Leq'á:mél, Matsqui, Shxwhá:y, Skawahlook, Squiala, Sumas) received the Drinking Water Safety Program funding through flow-thru arrangements to deliver community-based monitoring programs.

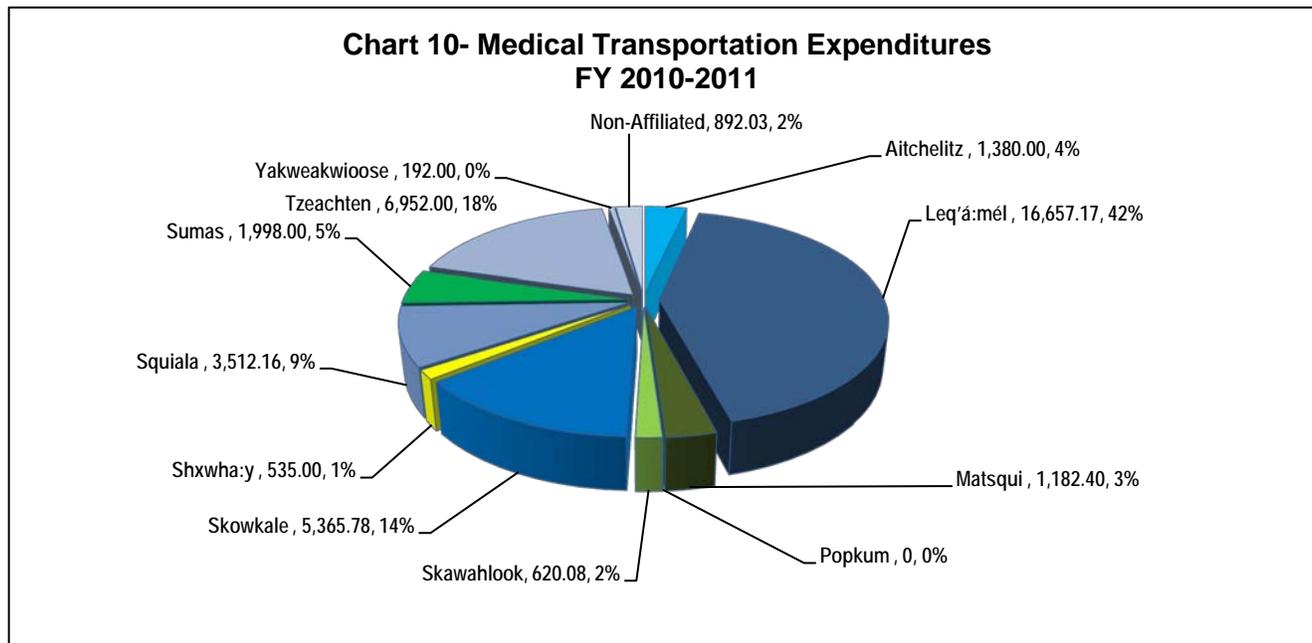
Community	# of Boil Water Advisories	# of Boil Water Orders	# of Cases reported to EHO
Aitchelitz	Nil	Nil	Nil
Skowkale	Nil	Nil	Nil
Tzeachten	Nil	Nil	Nil
Yakweawkwoose	Nil	Nil	Nil
Leq'á:mél	Nil	Nil	Nil
Matsqui	Nil	Nil	Nil
Shxwhá:y	Nil	Nil	Nil
Skawahlook	Nil	Nil	Nil
Squiala	Nil	Nil	Nil
Sumas	Nil	Nil	Nil

### Medical Transportation (Non Insured Health Benefits)

The program provides medical travel assistance to any status First Nation member living within the 11 Stó:lō bands to access medically required health services that cannot be obtained within their home community. The Medical Transportation Program is a supplementary program and is not intended to cover all of the costs associated with travel, but can assist with expenses relating to transportation, meals and accommodation.



The program is delivered at the Stó:lō Nation by the Medical Transportation Clerk, with the assistance of the community health staff. Claims submissions are received by both the Medical Transportation Clerk and Community Health Workers, and processed so that the clients generally receive their benefits payment prior to their appointment.



To overcome the accessibility barrier for remote communities, SNHS successfully implemented a community reimbursement program with Leq'á:mél FN and Sumas FN members to submit their claims to SNHS, and pick up payment directly from their band office, decreasing processing time from the time a claim is submitted, to the time they receive their payment.

**Table 11- Medical Transportation Claims  
FY 2010-2011**

INDICATOR	1 <sup>st</sup> Qtr	2 <sup>nd</sup> Qtr	3 <sup>rd</sup> Qtr	4 <sup>th</sup> Qtr
# of Claims Processed	130	98	99	245

**Health Support Services**

**Health Services Intake**

The total number of intake calls received by the Intake Worker for this fiscal year was 285. The most number of calls, at 68, was for the Day Treatment program and the least number of calls was for crisis intervention. See Table 12.



ASCD/AIDP Coordinator and HSS Supervisor



### **Aboriginal Mental Health Liaison Worker**

Fraser Health funds this program that serves Aboriginals, Métis and Inuit on and off reserve from Mission to Boothroyd, BC. The Mental Health Liaison Worker provides support to families, communities, and individuals with family members having chronic and persistent mental health.

The deliverables of the program are: connecting families, communities and individuals with chronic and persistent mental health to mental health services; providing education and training to community members regarding mental health issues; developing a resource base with the mental health teams within the Fraser Health Authority utilizing cultural practices; and conducting workshops, support groups, training programs and public awareness activities to service providers, families, communities and individuals. The total number of referrals received was 95 referrals and the referrals made to other services, was 84. There was one presentation and 10 groups facilitated.

<b># of Calls</b>	<b>Type of Call</b>
47	Crisis Counselling
19	A&D Counselling
11	Aboriginal Mental Health Liaison Worker
68	Day Treatment
49	Referral-Chilliwack Addiction Program
27	Referral- Ann Davis
5	Crisis Intervention calls
53	Information
6	Indian Residential School
8	Walk- in Inquiries

### **Day Treatment Program**

The program is funded by Fraser Health and is open to all Aboriginals, Métis and Inuit within the Stó:lō Territory. The Day Treatment Program educates participants about substance misuse and the recovery process, initiates referrals to other services, develops pre and post treatment plans, networks with other service providers, and provides cultural teachings to participants and service providers. For this fiscal year, 89 day treatment referrals were received. Out of these 89 referrals, 21 completed the program. Out of the 21 that completed the program, 7 have maintained a drug and alcohol-free lifestyle.

### **Alcohol and Drug Counsellors**

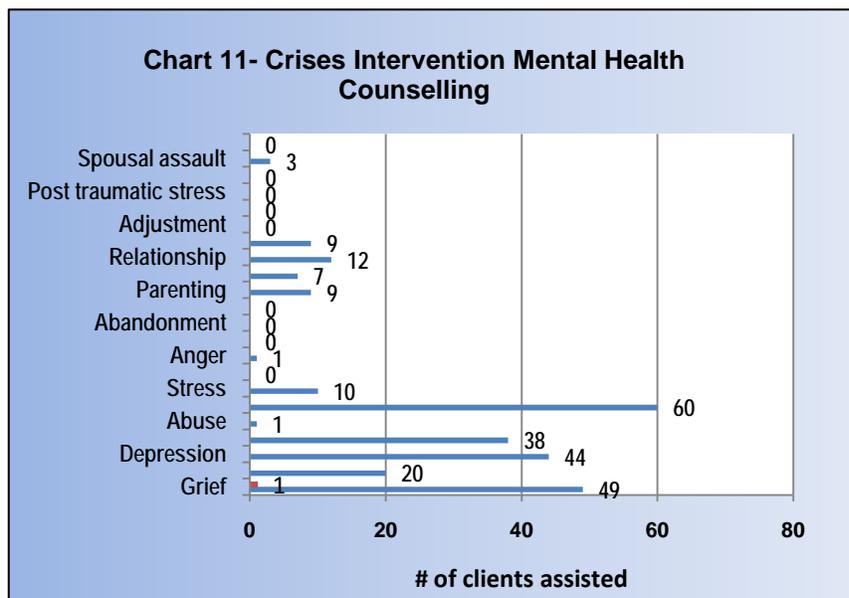
The program is funded by Health Canada and serves the 11 Stó:lō Nation-member First Nations. The total number of individual Alcohol and Drug files for this fiscal year was 90. Referrals were made to the following: Detox (7); Day Treatment (5); Residential Treatment (6); and to other resources (5).

The outcome from these referrals included: 3 completed Residential Treatment; 3 completed detox; and 2 completed day treatment. There were 4 presentations made on addiction issues, and 19 drop-ins were held in the communities.



### **Crisis Intervention Mental Health Therapy**

The Health Canada funding for Building Healthy Communities is available to all Status First Nations on and off reserve. The program provides for short term crisis intervention dealing with issues that are occurring in the moment such as grief and loss, anxiety and coping, short term depression, trauma, etc. 142 off-reserve clients are receiving short-term crisis intervention mental health therapy, and 28 on-reserve clients are also receiving this service.



### **Cultural Support for the Court Process of Survivors of Indian Residential School (IRS)**

The Health Canada funding provides for cultural support to IRS survivors preparing for the court process. The Cultural Support Worker provided cultural support to 95 survivors preparing for their court process.

### **National Aboriginal Youth Suicide Preventative Strategy**

The Aboriginal Support and Critical Incident Response Team (ASCRT) funding from Health Canada, aims to recruit and train community members to respond to youth crisis within their communities. Once community members are trained, their names will go on the Provincial Aboriginal Support and Crisis Incident Response Team list. This program is to create an awareness of the issues that trigger aboriginal youth to attempt/follow through with suicide, and for the trainees to be able to recognize the signs that a youth may be in distress and respond to the crisis prior to a critical incident occurring.

This program is also focused on the community response team networking with all service providers within the Stó:lō territory to build awareness and relationships with Aboriginal youth, their families and communities. Four training conferences occurred in each region. 51 people attended the training in the East Region, 70 people attended the training in the West Region, and 74 people attended the training in the Central Region. A Youth Conference was held at the Central Region with an attendance of 72 people. The attendees at all the Conferences were community members (on an off reserve) and service providers from within the Fraser Region.



Networking and relationships were developed, and the topics introduced were:

1. Suicide Awareness Workshop
2. Residential School Impacts and Trauma Workshop
3. Personal Story of an individual who experienced a suicide within the family Workshop
4. Alcohol and Drug Misuse Workshop
5. The Wheel of Fear Workshop
6. Building a Relationship Workshop
7. Anxiety/Depression Workshop
8. HIV/AIDS Workshop
9. Child and Youth Mental Health Workshop

A youth discussion on Youth Centre and Community Programs ensued. An Aboriginal Youth Peer Counsellor Program workshop was facilitated by a community Elder along with two ex-NHL Aboriginal hockey players. There have been no suicides within the Fraser Health Authority since the development of the Aboriginal Support and Critical Incident Response Team. More work needs to be done in the new fiscal year to promote the Aboriginal Support and Critical Incident Response Team to a Provincial and National level to support the National Aboriginal Youth Suicide Preventative Strategy.

### **Aboriginal Supported Child Development**

This program is funded by the MCFD and provides for one-on-one support to children from the ages of 3 – 5 (this is the focus group) who are in a childcare setting who have a developmental delay or disability in physical, cognitive, communicative or social/ emotional/ behavioural areas. The program is inclusive (children have access to childcare services) and family centered, which means the family is included in developing the service plan to meet the child's specific needs in a culturally appropriate manner as identified by the family. The program provides services to Aboriginal, Métis and Inuit children on and off reserve in the Chilliwack, Abbotsford and Mission Regions. Due to children receiving the support they need in the above-noted areas, many were able to transition into Kindergarten successfully where they will continue to receive support through the respective school districts if the support is needed. The Consultants are working on 127 files (34 files in Abbotsford, 52 files in Chilliwack and 41 files in Mission).



### Aboriginal Infant Development (AID) Program

The AIDP funded by the MCFD transitioned to Stó:lō Nation Health Services on April 1, 2011 from the Fraser Valley Child Development Centre. This program provides services to Aboriginals, Métis and Inuit Infants ages 0 – 3 years of age and their families on and off reserve in Chilliwack, Abbotsford and Mission. This program provides a home-based culturally appropriate service for infants at risk for developmental delay or with a diagnosed disability. The program also includes their families to optimize their development and continuing participation in a full range of community services and activities. There were 72 Aboriginal Infant Development files in the Region: 37 for Chilliwack ; 17 for Abbotsford ; and 18 for Mission.

### Stó:lō Dental Clinic



On July 2011, the dental clinic will see its 6<sup>th</sup> year of operation. To date, the active patient count is 2276. The number of First Nation patients is 1838. The clinic sees on average, 238 patients a month. There are on average 27 new patients a month and on average 21 no shows per month. All the patient intakes have increased over the year except “no shows” which has decreased. Finding consistency in the dental provider has always been a challenge. The goal is to hire one dentist who will stay with the clinic for longer than 2 years or lease the clinic practice to a private practitioner.

The clinic is open 4 days a week from Monday to Thursday from 8am to 4pm. There are 2 certified dental assistants, 1 dental hygienist, 1 dental receptionist, 1 office supervisor who is also a certified dental assistant and 2 dentists who are working 2 days each while the search is on for a more permanent dentist.

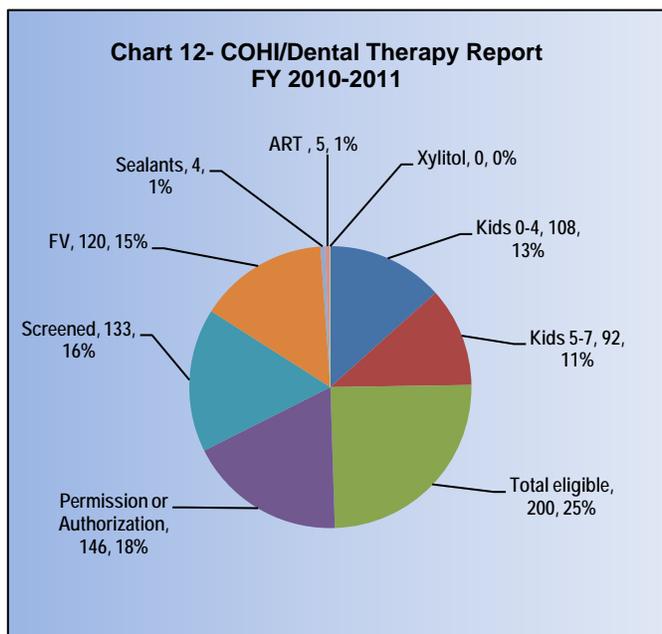
### Children’s Oral Health Initiative (COHI)

The goal of COHI is to reduce early childhood tooth decay and set the stage for a lifetime of good oral health. The activities to achieve these goals are the following:

1. Enroll children in COHI on an ongoing basis.



2. Provide support to dental therapist (or other dental provider) when they are delivering COHI services (screening, sealants, temporary fillings).
3. Apply fluoride varnish according to COHI protocol.
4. Provide one-on-one oral health instruction for children aged 0-7, their parents/caregivers and pregnant women.
5. Provide oral health information at community and school events



**Stó:lō Elders Lodge (SEL)**

The Elders Lodge is now in its 4<sup>th</sup> year of 24/7 continuous operation with 11 suites currently occupied. The average tenant rate is \$ 922.00 per month. The Lodge Staff are dedicated to providing a safe, comfortable and caring surrounding for the Elders who call the Lodge their home.

**Implementation of Recommendations from the Annual Site Operation Review**

The recommendations from the 2009 Annual Site Operation Review have been implemented. The Elders Lodge continues to find resolutions for ongoing issues as they occur.

**Stó:lō Elders Lodge Satisfaction Survey**

The tenants' satisfaction survey is done on an annual basis through Fraser Health Authority. A total of 13 surveys were sent to the Elders, and 53.8% responded with help from family and staff. The survey is based at 100% for each category.

**Staffing**

The Elders Lodge is fully staffed, under the supervision of a full-time Health Manager (off-site), a full-time Licensed Practical Nurse/Lodge Supervisor (on-site), and day-to-day nursing and daily staff supervision on-site.

**SEL Satisfaction Survey**

• Activities	68.7%
• Choice	94.5%
• Care & Services	84.8%
• Staff Relations	89.0%
• Staff Responsiveness	95.9%
• Communications	89.3
• Meals & Dining	89.6 %
• Laundry	100 %
• Building Environment	96.9 %
• Resident Environment	99.1 %
<b>Overall Satisfaction</b>	<b>91.4%</b>



A part-time Administrative Assistant (on-site) provides office assistance, building and equipment maintenance, 3 days a week. The Lodge is run on a 24/7 basis, with 8-hour shifts covered by fully trained Registered Care Aides. A part-time Licensed Practical Nurse is on duty on weekends. There are 2 cooks, one full time and one part time, who work 7 hours a day, 7 days a week. There is 1 Activity Worker who works 3 days a week and takes care of continuing provision of social and recreation activities.

### Stó:lō Elders Lodge Activities and Services

The Activity worker presents a monthly calendar of events for the Elders' pleasure and enjoyment. The excursions/events all depend on what is taking place in the community each month and is subject to change with the interest of the Elders foremost. The Elders Lodge Physician comes every Friday to see Elders who do not have their own physician; foot care services is available every 6 weeks.



On-site activities include birthdays and family holiday dinner celebrations, entertainment of drummers and dancers, arts and crafts, sit and fit exercises, weekly manicures, movie nights, and Thursday night bingo.

There are four aspects to activities for the Elders: Mental; Physical; Cultural; and Social. Mentally-stimulating activities included Memory Lane, Flyer Hunt, Trivia, Crib, Card Games, Bookmobile, News and Views, and Puzzle Club. Physical activities are an important but complex aspect of life at the Elders Lodge and include sit and be fit, bean bag toss, ring toss, walkabout, swim club, shuffleboard and many outings.



The Elders are encouraged to partake in many different cultural events and extra rides are always sought when possible. Cultural events include Seabird Island Festival, spring and fall Burnings, First Salmon Ceremony, returning salmon bones to the river, cleansing ceremonies, memorial services, drumming, peace walks, drum-making, canning, dinners hosted by other bands, naming ceremonies, smokehouse ceremonies, cedar gathering, and storytelling.



Social life at the Elders Lodge is important to create and establish a meaningful social interaction. This is done on outings and also through activities at the Lodge. Social activities at the Lodge include: morning coffee time, family dinners, storytelling, arts and crafts, movie night, book club, holiday decorating, baking, and games night. Outings are varied. In the past year we have gone to exciting places like the The Tea House, Agassiz Corn Festival, the movie theatre, Minter Gardens, Tulalip, Nooksak, Cultus Lake Canoe Races, Building openings, Bead Stores, Breakfast Outings, Strawberry Tea in Leq'á:mél, Garage Sale hunting, flower gathering, shopping, the Bingo hall, and to Party in the Park every Friday night during summer.



### Aboriginal Diabetes Initiative (ADI) Community Projects

The Athletic Advantage Health and Fitness company was contracted by the SNHS to start the Stó:lō Nation ADI project for FY 2010-2011.

#### Diabetes Interventions

##### Findings on Diabetes Interventions

- Over 120 at-risk and type 2 community member interventions done.
- Only 1 diabetic intervention was performed on a Type 1 community member.
- No community member with gestational diabetes had a diabetic intervention.

On average, approximately 30 diabetic interventions were performed each month by the Community Health Team. The team connected with a variety of diabetics and have concluded their findings.

#### Training for SNHS staff

The staff participated in the following training: CDA Food Skills for Families Instructor Course (November 13,14,20,21, 2010; UBC Diabetes Educator Course (November 22 – 25<sup>th</sup>, 2010); and Aboriginal Act Now BC Challenge (January 27, 2011).

#### Care and Treatment - Mobile Diabetes Clinic

SNHS partnered with Seabird Island Mobile Diabetes Clinic to deliver screening appointments for the 11 SN-member First Nations. The 7 clinics took place within local band offices providing services to over 30 community members. This was a great partnership that is planned to continue on an annual schedule.



Table 13- ADI Prevention and Promotion Accomplishments

Description	Newly Developed	Continued	No. of people served
Awareness Tool Kit: <i>Just the Basics, Pre-diabetes, Type 2, Type 1</i>	√		250
Food Skills for Families- Cooking Workshop	√		9
Get Fit for Life Fitness Program	√		64
Straight Up! The Stair Climbing Contest.	√		15
Leq'ámél Health Fair Table Presentation	√		35
Mobile Diabetes Clinics Table Presentation	√		15
Aboriginal Act Now BC Challenge Workshop	√		10 community trainers
Chilliwack SD Aboriginal Department Diabetes Awareness Table	√		45 children/parents
Community Health Care Workers & Nurses		√	75
Website, Social Media, and monthly newsletter	√		300+



Table 14- Lifestyle Support Accomplishments

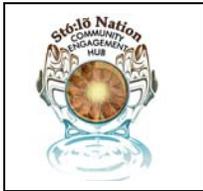
Description	No. of people served
<b>Get Fit for Life:</b> <ul style="list-style-type: none"> <li>• A no-cost 6- week walk/run fitness program guided by BCRPA fitness instructor</li> <li>• Diabetes promotion and resources distributed</li> <li>• Nutritional coaching and resources</li> </ul>	64 community members
<b>Straight Up! The Stair Climbing Contest</b> <ul style="list-style-type: none"> <li>• Stó:lō Nation workplace health challenge</li> <li>• Inspire health staff to help lead by example</li> </ul>	15 staff members
<b>Food Skills for Families</b> <ul style="list-style-type: none"> <li>• Teach community members to buy and cook healthy food for families</li> <li>• Discuss nutritional guidelines and portion sizes</li> </ul> 	9 community members
<b>First Nation Health Council</b> (Traditional wellness resources booklets)	20 community members
<b>Children with diabetes-managing school</b> ( <i>Healthy snacks, education</i> )	150 community members
<b>Canadian Diabetes Association</b> (Eating away from home, smoking & alcohol with diabetes)	150 community members

Table 15- Types of Partnerships and Linkages

<b>Fraser Health</b>	<ul style="list-style-type: none"> <li>• Assisted in the promotion of SNHS diabetic services</li> <li>• Provided networking platform and supported planning of community services and events</li> </ul>
<b>Chilliwack Gen Hospital</b>	Referrals to diabetes education centre specialized counselling and resources
<b>Canadian Diabetes Association</b>	<ul style="list-style-type: none"> <li>• Funded the 6- week Food Skills for Families Program</li> <li>• Provided no-cost resources used to promote awareness</li> <li>• Provided networking platform</li> </ul>
<b>Seabird Island Band</b>	<ul style="list-style-type: none"> <li>• Provided staff and equipment for mobile diabetic screening and testing</li> <li>• Mobile diabetes clinics are now planned to be an ongoing annual partnership</li> </ul>
<b>Chilliwack School District #33</b>	<ul style="list-style-type: none"> <li>• Circulated diabetic handouts among aboriginal department staff and students</li> <li>• Organized an Aboriginal Family Gathering to promote services to off reserve community members</li> </ul>
<b>City of Chilliwack</b>	<ul style="list-style-type: none"> <li>• Verbally committed approximately \$1.5 million dollars towards Stó:lō Nation walking trails</li> <li>• Provided no-cost facility space for the Get Fit for Life fitness program.</li> <li>• Outdoor space could also available at no-cost in future</li> <li>• <u>Physical Activity</u>: SNHS partnered with the City of Chilliwack to offer a no-cost walking/running program with the Prospera Centre-a 6- week program saw 5 diabetics prescribed more physical activity from their GP.</li> </ul>
<b>BC Parks &amp; Recreation Association</b>	<ul style="list-style-type: none"> <li>• Provided promotional material to help plan and implement a Workplace Health Challenge</li> <li>• Donated pedometers for SNHS Straight Up! The Stair Climbing Contest-6 week workplace health challenge at Stó:lō Nation.</li> </ul>



## Community Engagement Hub



The Community Engagement Hub (CEH) project was established to ensure that every Aboriginal community has a voice and hand in the planning and development of health care services. The Stó:lō Nation Hub provided the opportunity for each community to express their specific health needs, engage in planning, and be able to implement their own health care services.

### Communication

The CEH staff visited the SN communities and provided information on the HUB initiative. Nine (9) community consultations were done and a video was produced that captured the communities' vision of a health community. The video can be found on the HUB website and the HUB YouTube channel. Promotional materials i.e. posters, banners, business cards were also produced and distributed to the communities. The SN Health CEH



web page <http://hub.Stó:lō.nation.bc.ca> was published. The Hub project used social media and networking sites to communicate information and build relationship with community members, i.e. Twitter, Facebook, and YouTube. In addition, the staff participated in workshops, information fairs, etc. Presentations were made at the AHIC meetings, Elders groups, Youth Conference, Beyond Borders, City of Chilliwack, and City of Mission.

### Collaboration

Through the Hub, the communities were engaged in decision-making process related to creating health plans, community forums and focus group dialogues. Nine (9) of the 11 communities are represented at the HUB Committee and are actively working towards creating community-driven and directed health plans. The collaborative work involved participation in the Fraser Health's Aboriginal Health Improvement Committee, meetings with other stakeholders (City of Chilliwack) and other HUB Committees to create efficiencies by working together on some projects, and engaging the youth by hosting youth-targeted events.

### Planning

The staff gathered information about services currently available through or by Stó:lō Nation Health Services and the communities via a database. The communities were engaged to plan and the SN Health Planning work group was formed. The HUB presented to youth groups.



## Stó:lō Research and Resource Management Centre (SRRMC)

### Heritage Research and Resource Management

In 2010, the archaeology/cultural heritage team continued to work on overview and impact assessments, mitigations, and cultural monitoring. The seven-member team were involved with forty-seven projects this year, including an archaeological inventory at Jones (Wahleach) Reservoir for BC Hydro, the BCTC ILM transmission line environmental management plan, and various projects for Terasen, Kinder Morgan, the District of Hope, and others.

The SRRMC continued the collaborative archaeology Field School between SRRMC and Connecticut College, hosted and participated in by Chawathil and Shxw'ow'hamel First Nations, and funded in part by the Cotsen Archaeological Institute at UCLA, to provide an archaeological Field School at the settlements of Welqámex, near Hope, BC, and Xelhálh in the Lower Fraser Canyon. The Field School program received two awards from the Society for American Archaeology.

The move to the new Stó:lō Resource Centre building in October 2010 required a large effort in the transfer of the Stó:lō Material Culture Repository collections. The SRRMC team also conducted a number of public outreach/educational sessions on archaeology and cultural practice.

### Archives & Repository

The Library and Archives staff are able to offer greater access to the books and other materials in the collection, now that the SRRMC is settled into the Stó:lō Resource Centre. It is still a reference collection to be used on site, but the Library and Archives location now has comfortable tables and chairs in the library, as well as a photocopier, a research computer, and other outlets for guests to plug their laptop in.

The SRRMC Assistant Librarian has continued to add information on the Reciprocal Research Network (<http://www.rnnpilot.org>). The online SRRMC collection now consists of 6,632 objects and photographs. Since the collection went online in April 2010, there have been nearly 11,000 web 'hits' on the SRRMC collection alone. Contributing to the RRN will be an on-going project, and the SRRMC encourages everyone to have a look at the new website. All of the books in the library collection and many of the reports are now searchable on the PastPerfect database in the library.

The next step is to make the library catalogue fully available online. In FY 2010–2011, the library staff responded to more than 950 requests for information and processed 11 Research Registry Applications. A total of 201 new reports, articles, and publications were added to the catalogue.



The Universities of Victoria and Saskatchewan will be bringing a group of 10 university students to participate in the bi-annual Ethnohistory Field School hosted by the SRRMC. The librarian and assistant librarian started to prepare for the students' arrival in February. Each student prepares a research paper about some aspect of Stó:lō history and a copy of each paper is sent to the library.

The SRRMC librarian is an elected member of the Chilliwack Museum and Historical Society Board of Directors, and facilitates communication and cooperation between the two organizations. The librarian also provides support to the Stó:lō Xolhmet S'olhetawtxw Sq'eq'ip (Stó:lō House of Respect Care Taking Committee) and the Stó:lō Xwexwilmexw Treaty negotiations.

### **Geographic Information Systems (GIS)**

The SRRMC GIS team is continuing work on enhancement of the Stó:lō Heritage Database (SHeD) of cultural heritage information, in addition to a number of other continuing projects like the archaeological Field School at Welqamex, research at Xelhalh, and mapping the Coqualeetza grounds and the integration of spatial data from the Stó:lō Nation Lands Department, with the SRRMC data warehouse. The GIS team provides treaty and other project support, and plays a critical role in the review of development referrals. The SRRMC has become a member of ICIS (Integrated Cadastral Information Society), which provides access to important data sets, and also provides general mapping support to Stó:lō communities, programs, and general public inquiries. Notable GIS projects with pending grant applications include mapping at Pekw'xeyles, and the development of an innovative online mapping portal for information sharing, which would provide secure access to GIS information to Stó:lō communities, and advanced support referral review.

### **Genealogy**

In 2011, genealogical services were available by appointment twice weekly, on Mondays and Wednesdays. A printer plotter was added to the genealogical services to provide professional printing for families who wanted to bring their family charts home.

Stó:lō Family Tree charts and information are accessible to staff and community members, upon request. Family charts have been used over the years for personal knowledge, traditional names for longhouses, and to help members gain employment, educational grants, acquire delayed birth registration, support identity for driver's licenses, apply for business grants, assist social workers in their work, and provide charts and information for legal cases. There are now over 38,000 people in the Stó:lō Family Tree database, with families documenting up to eight generations. Most of the information from early census records from 1911 and data from earlier census records, have been entered into the database. Most recently added to the database is chart information extracted from microfilm C-8787: St. Mary's Mission Residential School (1944 to 1953), and The River People: An Anthropological Opinion on the Nature of Stó:lō Society and Culture at the Time of European Contact by Richard H. Daly, PhD September 1992.



The SRRMC genealogist continues to volunteer with the British Columbia Genealogical Society, and the British Columbia Historical Federation as well as attending related workshops and conferences.

### Referrals

The SRRMC is processing and reviewing development referrals for the Stó:lō Nation. The department has developed a fully customized database (refBase) to support the process and track all relevant information for each referral. The refBase is dynamically linked to the SRRMC GIS systems for efficient and effective technical review of all referrals received. In late 2010, the SRRMC initiated an on-going forum with other Stó:lō organizations (Stó:lō Tribal Council, Sts'ailes, Leq'á:mel and Ts'elxwéyeqw Tribe) to address referral-related issues, and to scope out new alternatives for handling the large and complicated volume of requests received on a regular basis. The group has been dubbed the "Stó:lō Referrals Alliance," and now meets on a monthly basis to collaborate and share ideas.

### Environment

Environmental Management is an ongoing direction for the SRRMC, and policy development is the first step toward this more inclusive vision of a full spectrum of resource management services. SRRMC has increased engagement with development proponents and government agencies concerning environmental resources and anticipates involvement in a range of new projects in 2011.



### Research

The SRRMC Director acts as Steering Group member, representing the Stó:lō Nation/Tribal Council, as co-developers of the **Reciprocal Research Network (RRN)** along with the UBC Museum of Anthropology, U'Mista Cultural Centre, and Musqueam Indian Band.

The RRN is an online tool to facilitate reciprocal and collaborative research about cultural heritage from the Northwest Coast of British Columbia. The RRN enables communities, cultural institutions, and researchers to work together. Users can build their own projects, collaborate on shared projects, record stories, upload files, hold discussions, research museum projects, and create social networks.

For both communities and museums, the RRN is groundbreaking in facilitating communication and fostering lasting relationships between originating communities and institutions around the world.



## Heritage and Sovereignty Project

The SRRMC/SFU Resource and Environment Management Department are co-directing this project with Stó:lō as a case study in the involvement of Aboriginal peoples in heritage management, and is also in collaboration with Ch-ihl-kway-uhk Forest Limited.

Heritage-related researches includes the Welqámex / Xelhálh Archaeology Field School, with Chawathil and Shxw'ow'hamel FNs, as noted above. SRRMC staff members are also working on the Intellectual Property Issues in Cultural Heritage project-an international, multidisciplinary collaboration exploring issues of community-based participatory research; led by the SFU Archaeology Department ([www.sfu.ca/IPinCulturalHeritage/](http://www.sfu.ca/IPinCulturalHeritage/)).

The Journey Home Project is a collaboration between the Lab of Archaeology at UBC and the SRRMC /House of Respect Care-taking Committee – working toward the analysis and repatriation of ancestral Stó:lō remains from UBC (Lab of Archaeology). This is an on-going project, and headway has been made in notifying UBC and the Stó:lō Bands of the intention to return those ancestors to the SRC as a first step in bringing them home and taking care of them. Future steps include developing personal histories of each individual, as much as possible, in order to find out about them and develop plans for putting them to rest, in collaboration with the Stó:lō communities.

## Treaty-Related Services Support Services–Stó:lō Xwexwilmexw Treaty Association

SRRMC continues to provide a broad range of support services to the newly formed Stó:lō Xwexwilmexw Treaty Association (SXTA), now no longer associated with Stó:lō Nation (more information regarding the SXTA can be found at [www.sxta.bc.ca](http://www.sxta.bc.ca)). Treaty-related services include negotiation, research, archival, outreach and general administrative support. The SXTA is currently in Stage 4 of the BC Treaty Process, working toward an Agreement-in-Principle.

## Treaty Outreach

The SXTA Liaison team consists of five (5) members, are in-charge of the South Region, North Region, East Region who is also the Liaison Coordinator, and another team member assisting with all regions. A new Youth Outreach Worker was contracted in February 2011 and one of the duties is to establish a Youth Treaty Council.

## Stó:lō Resource Centre Project

On October 22, 2010 (Stó:lō New Year), Stó:lō community members, Elders, and Leaders celebrated the much-anticipated opening of the Stó:lō Resource Centre (SRC). The SRC is a 24,800 square-foot, three-story office building housing the SRRMC, Stó:lō Development Corporation (SDC) / Stó:lō Community Futures (SCF), Shxwt'a:selhawtxw Longhouse Extension Program (LEP), and Sto:lo Shxwelí (Sto:lo Halq'eméylem Language Program).





Key features of the facility include a Stó:lō Elders room, library, historical archives, artifact repository and curation space, video conferencing and “smart-technology” boardrooms, a Halq’emeylem language lab, a Stó:lō cultural artifact and artwork display, and an interpretive space, as well as an education/artistic performance space.



The Stó:lō Resource Centre was awarded the 2009 Building Excellence Award from the Chilliwack Chamber of Commerce. The Award recognizes and rewards excellence in new development, superior design, and engineering. The Centre is recognized as enhancing the existing neighbourhood, being of the utmost quality of construction and finishing, and providing long-term value for the community. Equally important, the Award recognized the additional jobs, commerce, and economic growth the Centre brings to the City of Chilliwack and surrounding communities. The SRC project was also awarded the 2010 Minister’s Award of Excellence and Innovation from Western Economic Diversification and Community Futures.

The SRRMC staff were deeply involved in overseeing the construction process, and worked with colleagues from Stó:lō Nation, including Community and Economic Development, Finance and Administration, Capital Management; Project Management Team (SDC Manager and SN executive Director), the contractor-Preview Builders, Architect, and members of the Design Team.

Additionally, the team had a chance to work with a number of Stó:lō artists and members of the Stó:lō community. The SRC project was a major success. Over 600 people, including His Honor the Lt. Governor Steven Point and Her Honor Gwen Point, attended the Grand Opening celebrations. Already many meetings, conferences, performances, classes and celebrations have taken place in the building since its opening.



## Stó:lō Nation Fisheries Program

Stó:lō Nation (SN) operates under a mandate to engage in the regional-scale fisheries collaborative/co-management program with DFO and other Lower Fraser First Nations, within three-to-five years. The SN Fisheries Department is working to achieve this goal. The schedules of activities laid out below define the needs, strategy, and process for developing and implementing a co-management program. Stó:lō Nation's role, through its Fisheries Manager, is actively engaged in Aboriginal fisheries management through strategies, such as participation, as a key proponent of the newly formed Lower Fraser Fisheries Alliance (LFFA) table. Stó:lō Nation's Fisheries Manager, and the FMB played a lead role in supporting the development of a common fisheries table; working to develop constructive and sound structures for engaging with First Nations and DFO on matters of broad regional concern affecting all First Nations in the sub-watershed of the Lower Fraser River; and developing a framework for engaging in regional fisheries co-management with DFO.

The highlight for this fiscal year's collaborations and consultations internally with the FMB and at the larger community forums was when all signatory First Nations decided on the name 'Lower Fraser Fisheries Alliance' (LFFA). The LFFA's Terms of Reference, statement of solidarity and governance structure were adopted in principle. The Tier 1 and 2 processes which are an important component of LFFA are currently being drafted.

Fisheries management in this region deals with broad-based and complex issues – beyond simply FSC fishing. Currently, there is ongoing work with the recreational fishing sector (First Nations and Sport Fishing Joint Working Group). Due to conflicts and overcrowding between the First Nations and the Recreational fishers at common fishing locations, it was decided there has to be a line of communication between the two fishing groups. The working group has begun to work together to have a process in place to deal with fishery matters impacting each other's fishery, the Lower Fraser Assembly. The Interim Coordinator and the Interim Coordinating committee presented the draft work plan and budget on March 29, 2011. This was the deciding meeting as to whether the ARROM proposed Assembly will continue in the next fiscal year.

The Stó:lō Nation is currently working on a draft CFA which will consist of having an agreement with DFO. This agreement will be for the nine Stó:lō Nation First Nations affiliated with fisheries. It will be a long term agreement, and there is more ongoing work in drafting this CFA.

## Stó:lō Nation Lands Administration

The Stó:lō Nation Lands Department assisted the member First Nations (Aitchelitz, Popkum, Shxw'ow'hamel, Skwah, Sumas, Skowkale and Yakweakwoose) with Regional Land Administration/Reserve Land and Environmental Management, in collaboration with Indian and Northern Affairs Canada, as directed under the Indian Act. The lands services vary in land management needs such as Individual Land Holdings, Leases, Permits, Designations, Additions-to-Reserves and Estates where land is involved (federal jurisdiction).



Throughout FY 2010-2011, the Lands staff assisted with survey BCRs, Allotments of Land, Transfers of Land, Updates of Title, and Tenancy Changes. The Lands staff continued to work with locatees interested in leasing their land. The goal is to ease locatee(s) through INAC's process, by assisting with the paperwork needed to satisfy the triggers (survey, appraisal, environmental, archaeological). The Lands staff continues to track rent reviews and ensures all parties are aware of the deadline. The SRRMC conducted the fieldwork to investigate boundary investigations, contaminations and/or other issues related to land management. To protect band membership's interest, the SRRMC assisted with Estate planning to alleviate the estate process and the Section 50 jurisdiction. The Lands staff members continue to assist Land Code bands in some of their day-to-day administration of land management. The Stó:lō Nation Lands Department is no longer involved in the Coqualeetza ATR process. The SN Lands Department was honoured to be a part of the ATR Working Group, throughout their years of involvement.



## Stó:lō Nation

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### 2010-2011 Board of Directors

Joe Hall	President
Alice Thompson	Vice-President
Maureen Chapman	Secretary/ Treasurer
Debra Schneider	Member-At-Large
Bill Rabang	Member-At-Large
Glenda Campbell	Member-At-Large

### Stó:lō Nation Chiefs Council (SNCC)

Chief Joe Hall, President

### Sto:lo Nation Management Team

<b>Willy Hall</b>	<b>Executive Director</b>
Sharlene Charlton	FAD Manager
Jeanine Lynxleg	SNHS Manager
Dave Schaepe	SRRMC Manager
Samantha Kaji	CDD Manager

#### PROGRAMS

#### SUPERVISORS

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Head Start, DC, MFP	
Fishery Program	Mike Jimmie
Sto:lo Dental Clinic	Lori Bonnefoy
Sto:lo Elders Lodge	Lesley White
Abor. Justice Program	Joanne Jefferson
Operations	Darren Stollings
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Councillor Gordon George

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Councillor Jason Malloway  
Councillor Richard Malloway  
Councillor Jennifer Malloway

Administrator: Lydia Archie  
Elder's Rep: Mary Malloway, Frieda Malloway

RMN/as of March 31, 2010

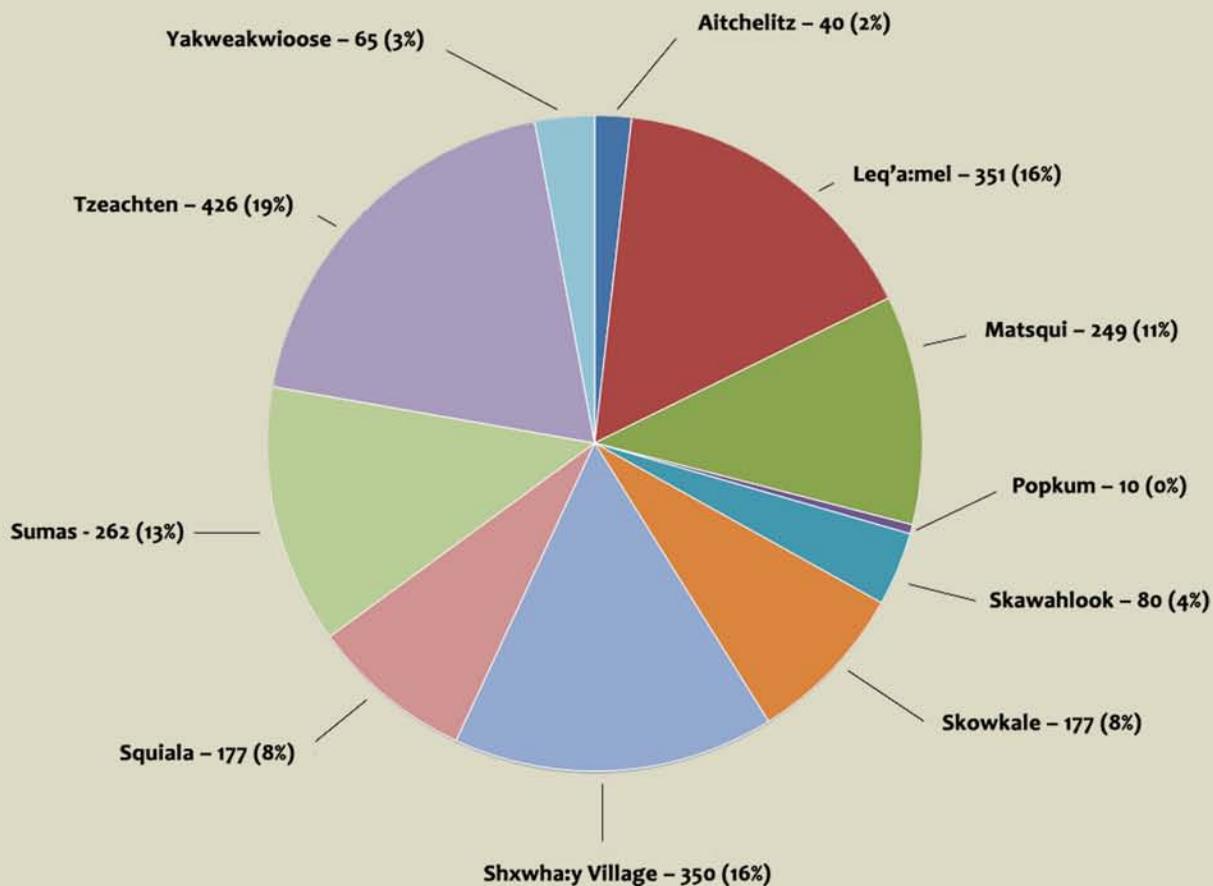


## Stó:lō Nation Population, by First Nation and Gender Distribution as of March 31, 2011

Band Number	First Nation	Male	Female	Total	On Reserve	Off Reserve	Total
558	Aitchelitz	23	17	40	31	9	40
579	Leq'a:mel	162	189	351	132	219	351
565	Matsqui	120	129	249	106	143	249
585	Popkum	6	4	10	1	9	10
582	Skawahlook	36	44	80	11	69	80
571	Skowkale	99	78	177	124	51	177
570	Shxwha:y Village	169	181	350	98	252	350
574	Squiala	99	78	177	124	51	177
578	Sumas	130	152	282	174	108	282
575	Tzeachten	187	239	426	259	167	426
576	Yakweakwioose	26	39	65	33	32	65

Total	1057	1150	2207	1093	1110	2207
	48.00%	52.00%	100.00%	50.00%	50.00%	100%

## Stó:lō Nation Population as of March 31, 2011





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